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CALGARY metro ®

Thursday, November 1, 2012

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Deaths in Temple complex appear 'unnatural': Police

Crime. Homicide unit called in to investigate scene for second time in as many days

JEREMY NOLAIS
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Responding to concerns from a residence manager, police discovered the bodies of a man and woman inside a townhouse complex in the northeast neighbourhood of Temple Tuesday.

Police cordoned off the entire building in the 200 block of Templegreen Drive N.E. while the homicide unit and medical examiner conducted an investigation of one apartment unit.

Police Insp. Paul Stacey said police were still working to confirm the identities of the deceased, but it's believed both were in their 30s.

"They haven't been seen for a few days," Stacey said. "Right now, the deaths appear to be unnatural, but that's about as far I can go with that. We truly don't have a cause of death at this point."

Many neighbours and residents of the complex were shocked to arrive home to yellow police tape and a handful of cruisers guarding the scene.

"That's crazy," said Javier Vargas, who lives in the building next door, after learning of the deaths. "When we come out here, we see police all the time."

Stacey said the townhouse complex was not on police "radar," as officers had not received any prior complaints there in quite some time.

He added that investigators were questioning witnesses about the deaths but could shed little light on what — if any — involvement they may have had.

John Aliax, 15, lives in the complex. He arrived home from school and was told it could be hours before he would be allowed inside.

"They (police) haven't told us anything, really," he said.

FOR MORE LOCAL NEWS VISIT METRONEWS.CA

Investigators head into a Temple townhouse complex, where two bodies were found Tuesday, while police officers keep guard out front. JEREMY NOLAIS/METRO

Teen was threatened, tranquilized, duct-taped

Haunting videos showed during an inquest into the prison-cell death of Ashley Smith PAGE 18

Desperate to stay in Calgary

Immigration delays lead some foreign workers to take drastic measures just to be able to stay in Canada PAGE 4

Sushi fare that's square

Rolling skills on the rough side? These straight-edged sushi rolls are a simple-to-make but elegant appetizer PAGE 29

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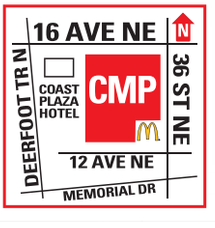

Homicide.
Police to lay charges in Bridgeland death

Police will be laying manslaughter charges after an autopsy was completed on a body found in Bridgeland on Tuesday.

"There is a homicide," Insp. Paul Stacey said on Wednesday.

"We do have somebody — a suspect — in custody and manslaughter charges are pending. Because the person hasn't been officially charged yet, we can't release any names or anything of that sort."

Police rushed to a home in the 200 block of 11th Street N.E. at about 2:30 p.m. on Tuesday after receiving a brief call from someone claiming an assault had taken place.

Upon arrival, officers found a man in severe medical distress and moved him outside to ensure the safety of emergency medical responders on scene.

The man was pronounced dead, and a number of people inside the home were taken into custody for questioning.

Neighbours reported that the house where the man suffered his fatal injuries was often the scene of raucous house parties and verbal disputes.

The relationship between the victim and accused was not released.

Media reports suggested that at least one person fled the home before police arrived.

Stacey said police are not looking for any other suspects.

A police spokesperson said more details would be provided Thursday morning by a senior member of the homicide squad.

The homicide is Calgary's 15th of this year.

JEREMY NOLAIS/METRO

Revised education bill opens door to 'hatred' and 'bigotry': Liberal critic

Alberta's Liberal education critic says the government is getting "squeamish" about sexual orientation as the proposed Education Act inches closer to becoming law.

Calgary MLA Kent Hehr tried to push forward an amendment late Tuesday to re-include references to human-rights legislation in the act, which passed first and second reading.

The references were in previous drafts and were heavily advocated by former education minister Thomas Lukaszuk. But some Alberta homeschoolers worried it would prevent them from sharing personal views on sexual orientation with their children.

Hehr's amendment won support from the NDP but was defeated by both the ruling Tories and opposition Wildrose.

"They obviously meant something by it when they included it the first time," Hehr said of the human-rights references. "The government is allowing (certain groups) a caveat — or at least in those people's minds — that they're allowed to continue their hatred, their bigotry."

But Education Minister Jeff Johnson said the Alberta Human Rights Act still applies, regardless of whether it's mentioned in the bill.

"Every kid that walks into that school, regardless of where they come from, what their culture is or orientation, deserves to be welcome and accepted in a safe environment," Johnson said. "There's nothing in that bill that would lead anyone to believe the opposite."

JEREMY NOLAIS/METRO

New provincial money? Not likely, report says

Lowered expectations.
City manager suggests taking a realistic message to the cash-strapped Alberta government

ROBSON FLETCHER
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Don't ask for much; don't expect much.

That is basically what city manager Owen Tobert is recommending that Calgary do with its annual submission to the Alberta government, as the province prepares its 2013-14 budget.

A ballooning deficit and other financial woes mean the government is "not likely" to listen to new funding requests, Tobert advises in a report to be addressed by a council committee on Thursday.

Instead, Tobert recommends that council consider its submission as more of an "advocacy tool" than a wish list and use it to "make advancements in a number of key policy areas."

Quoted

"This is the difficulty of being a municipality. We are absolutely at the mercy of the other orders of government."
Ald. Gord Lowe

Ald. Gord Lowe largely agreed with Tobert's assessment, calling it a "very precise" picture of the funding that is likely to be available.

"Quite frankly, it's not looking like a lot for municipalities right across the province, Calgary included," Lowe said.

Ald. Brian Pincott said it makes sense for the city to focus its message on "protecting what we need to protect" — items such as MSI funding and GreenTRIP money for infrastructure that the province has promised but not delivered.

Ald. Peter Demong said he was "taken a little aback" by the "pessimistic tone" of the city manager's report but didn't dispute any of the financial realities it identifies.

Still, he added: "I am an optimist.... I do think the province will come through for us."

Council's intergovernmental affairs committee will vote Thursday on a recommendation that Calgary scale back requests for provincial funding.
METRO FILE

Marlon Antonio, left, and Michael Liscano sit in a classroom at Great Life Financial where weekly courses are taught in money management and the Canadian way of life. ROBSON FLETCHER/METRO

Delays lead to desperate measures for foreign workers

Philippines rush. Of all foreign workers receiving permanent residency certificates in 2011, the province says about 40 per cent went to Filipino applicants

ROBSON FLETCHER
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Foreign workers are sometimes so desperate to stay in Calgary that they will divorce their spouses overseas and marry Canadians decades older than themselves, says a prominent member of the city's Filipino community.

"This is quite common now," said Marlon Antonio, founder and CEO of Great Life Financial, a company that helps new arrivals to Canada navigate the country's economic and social systems.

In one of the more extreme cases he knows of, Antonio said a woman in her 20s married a 72-year-old man in order to stay in Canada after being unable to apply for permanent residency.

Changes announced Wednesday by Immigration Minister Jason Kenney will help to some extent, Antonio said, as the federal government now plans to boost the number of people accepted under a program that helps foreign workers attain permanent residency by about 10,000 people in 2013.

Each year, Ottawa allows each province to nominate a limited number of candidates for permanent residency. Alberta can nominate 5,000 in 2012, according to a provincial government spokesperson, which makes up 24 per cent of available nominations in Canada.

Marrying for residency

"I've seen it. I've met them and talked to them. It's not about love. It's sad, but it's happening."

Marlon Antonio on the marriage decisions some Filipinos make in order to stay in Canada.

But many trained foreign workers who are underemployed in low-skill jobs still find it hard to secure a nomination, Antonio said, and end up leaving the province to apply elsewhere, particularly Saskatchewan.

Faced with deadlines to secure status or leave the country, others end up marrying Canadians as an alternative, he added, or simply living illegally in Calgary and working in the underground economy.

Tagalog

Filipino language growing fast, but dying out

Tagalog, one of the main dialects spoken in the Philippines, is the fastest growing non-official language in Calgary, but also one of the quickest to die out among younger generations.

The dialect (pronounced tuh-GA-low) represented 9.4 per cent of Calgarians' mother tongues outside of English and French in the 2011 census, up from 6.7 per cent in 2006.

But despite large numbers of Filipino immigrants coming to Calgary, Tagalog's "complete retention rate" stood at just 66 per cent, compared to 78 per cent for Mandarin and 85 per cent for Punjabi.

"Generally speaking, the highest retention rates are usually observed among larger immigrant mother-tongue groups that are continuously being fed by recent waves of immigration," noted Brigitte Chavez, an analyst with Statistics Canada.

Michael Liscano is not surprised by Tagalog's outlier status, noting his own experience with the language is typical. While his parents speak it fluently, he doesn't speak it nearly as well and his children barely speak it at all.

Filipinos who come to Canada to work often speak English already and focus on learning the language better, Liscano added, sometimes at the expense of Tagalog.

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Lawyer for man convicted of torture questions psyche report

Paxton sentencing. Concern is that report could include additional comments made to a social worker by the victim outside of the trial

The lawyer of a man convicted of torturing a former roommate has concerns about a psychiatric report being compiled for his sentencing.

When Dustin Paxton was convicted of aggravated assault and sexual assault in February, the judge ruled that Paxton starved, wounded, maimed and disfigured the man, putting his life in danger.

Paxton was in a Calgary court Wednesday and his lawyer Jim Lutz brought up concerns about the report being compiled for his sentencing hearing.

The Crown and defence agreed to allow each to review the materials after the psychiatric report is complete, expected around the second week of November.

A decision will be made on Dec. 5 on whether the Crown will proceed with a dangerous offender application or begin sentencing.

A person who is declared a dangerous offender can be locked up in prison indefinitely.

Lutz is concerned that the psychiatric report could include additional facts that may have been presented to a social worker by the victim during an interview outside of the trial.

Paxton, who is originally from Manitoba, was arrested after his roommate was dropped off in April 2010 at a Saskatchewan hospital badly beaten and emaciated.

THE CANADIAN PRESS

Katz. Donation probe to be made public: Redford

Albertans will be told the findings of a probe into whether Edmonton Oilers owner Daryl Katz illegally contributed $430,000 to the Progressive Conservative party, Premier Alison Redford said Wednesday.

"We will make whatever information that is communicated to our party publicly available as soon as possible," Redford told the legislature during question period.

She said it's part of her ongoing commitment to open up government.

"We have made significant contributions with respect to transparency, from (politician) expense disclosure to a commitment to a (freedom of information) review (and) public-interest-disclosure whistleblower legislation."

Her comments came a day after Alberta Chief Electoral Officer Brian Fjeldheim announced he will investigate Katz's contribution to the Tories in the spring election.

Opposition Wildrose leader Danielle Smith said the information needs to be made public and said Redford could go one better and have the party release the cancelled cheques and deposit slips right now. "It's a shame they're putting everybody through this," said Smith. THE CANADIAN PRESS

Results of an investigation into donations made to the Alberta PC party by Oilers owner Daryl Katz, pictured here when he took over ownership of the Oilers, will be made public. JIMMY JEONG/THE CANADIAN PRESS

One man dead

Owners charged with violations in Mission house fire

The owners of a rooming house where a man died following a fire have been charged with numerous violations.

The Calgary Fire Department has charged owners Annop Bungay and Deepti Bungay with 12 counts each under the Safety Codes Act.

The charges were laid after a Sept. 12 fire at a rooming house at 322-25 Ave. S.W. where four people were rescued from the residence and one man was found unconscious and later died. METRO

Critical condition

Police search for suspect after near-fatal stabbing

Police are working to determine what led to a man being stabbed multiple times in downtown Calgary early Wednesday morning.

Duty Insp. Paul Stacey said police were called to 16 Avenue and 12 Street S.W. just before 3 a.m. where they found a 33-year-old man in critical life-threatening condition. He was later upgraded to serious but stable condition.

Stacey said they are working with a vague suspect description of a six-foot-tall male, medium build, with olive skin. He was wearing a dark toque and a dark three-quarter-length winter jacket. METRO

Identity theft

Alleged Quebec fraudsters nabbed in Alberta

Police in Alberta have charged three people from Quebec with a province-wide fraud spree.

Lethbridge police arrested two men and a woman at a city bank last Thursday after an employee became suspicious.

Investigators allege the trio had hacked computers to steal identification documents, and then travelled west to impersonate Albertans and steal their money.

Police say more than $88,000 was stolen using forged bank cards at banks and loan companies in Lethbridge, Calgary and four other communities in southern Alberta. THE CANADIAN PRESS

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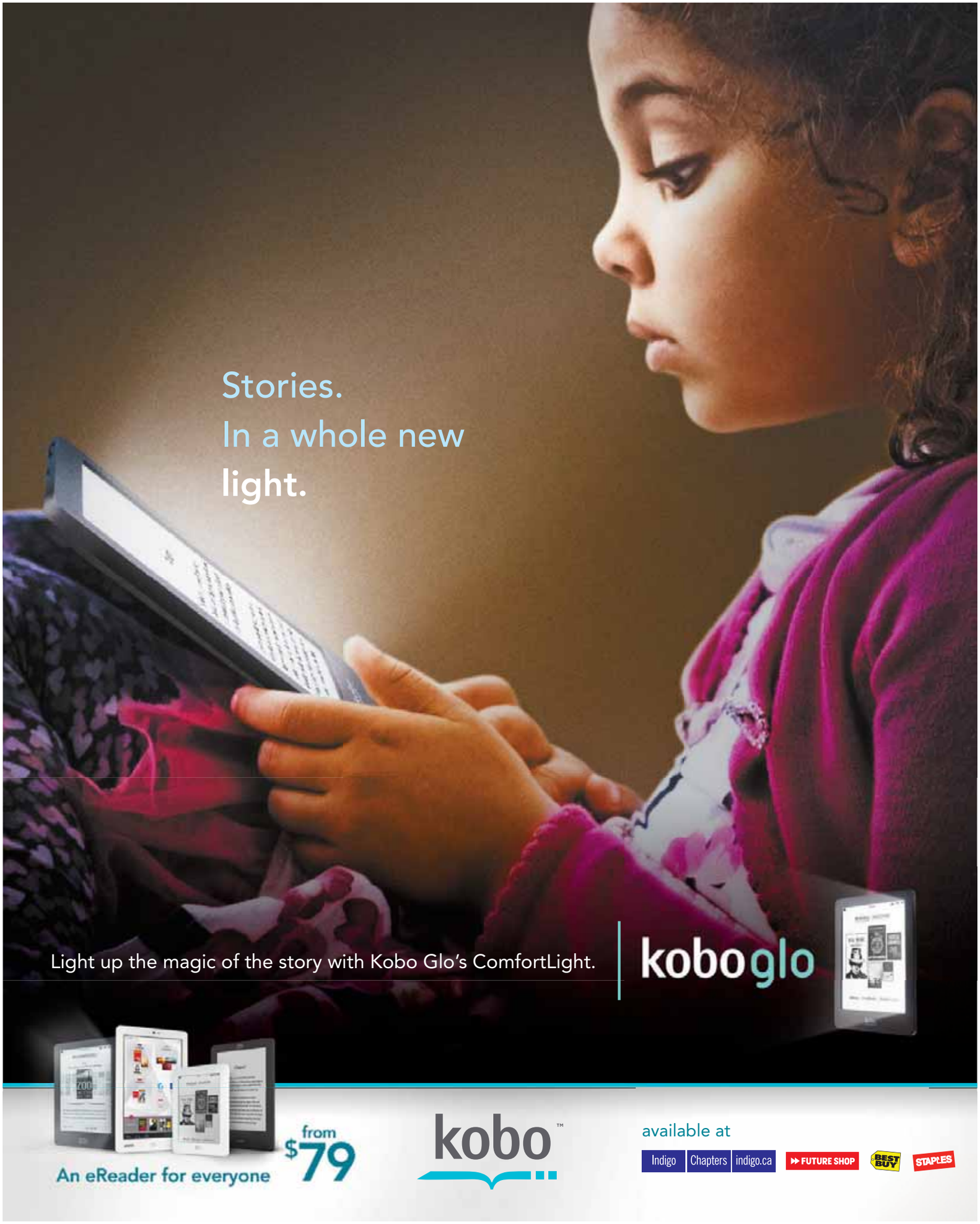
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Calgary beatboxers prepare to battle

National championships. Two Calgarians among 16 competing for top prize in Toronto

KATIE TURNER
katie.turner@metronews.ca

Two Calgary beatboxers will be stepping into the proverbial ring to battle with the best of Canada this month.

Local talents Peterpot and Exzam have been selected as the top 16 beatboxers in the country and will be competing at the 2012 Canadian Beatbox Championships in Toronto on Nov. 10, both for the second time.

After a preliminary seeding round, each of the beatboxers will be paired up and face off in two 90-second battles.

"Anyone can take out anybody at any time. That's what makes a battle so great," said Exzam. "When you get into the top 16, there's a very fine line between winning and losing. It can be nerve-racking and stressful.

No stranger to competition, fellow Calgarian Peterpot recently competed at the Beatbox Battle World Championship in Berlin earlier this year and said he's confident that his style lends itself to battling.

For the past six years, Peterpot said he's been following his creative passion and now uses beatboxing to inspire young kids.

"My biggest passion is I love performing for youth," he said. "I show youth that they can make a living doing what they love."

Beatboxer Peterpot, right, will be one of two Calgarians competing in the upcoming 2012 Canadian Beatbox Championships in Toronto. CONTRIBUTED

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Alcohol. Roadhouse to host competition for World Series of Beer Pong

The right bounce could mean a trip to Las Vegas for one skillful Calgary team to compete in the World Series of Beer Pong.

Every Thursday for the month of November, The Roadhouse will be hosting a beer-pong tournament, with the finalists competing on Nov. 30 for a shot at winning a spot in the Vegas tournament.

Marketing manager Lianne Calara said The Roadhouse hosts a regular Thursday night beer-pong tournament and they wanted to raise the stakes.

"It's been a lot of fun and it's catching on, and that's when we thought it would be a good idea to do a big promotion," she said.

The winning team will get a round trip to Las Vegas, including four nights on the strip and at least 12 games in the World Series of Beer Pong.

Calara said since The Roadhouse began hosting beer-pong games, they've seen a lot of talent in Calgary.

"People take their beer pong very seriously"

To register in the tournament, visit roadhousecalgary.com. KATIE TURNER/METRO

The Roadhouse is hosting a beer-pong tournament, with the winners heading to Las Vegas for the World Series of Beer Pong. FACEBOOK.COM

Crime

Accused killer to undergo psychiatric assessment

The man accused in Calgary's latest homicide will undergo a 30-day psychiatric assessment.

Kristopher (Tray) Guenther appeared in court via closed-circuit television Wednesday.

His lawyer, Mark Takada, said he's been seen by two doctors already and will now undergo further screening.

Guenther is accused in the death of his 20-year-old ex-girlfriend Lacey Jones-McKnight. A funeral is planned for Jones-McKnight on Thursday. METRO

Education

Teacher contract deadline missed

Negotiators remain at the table working on a new contract for Alberta teachers but a deal won't come in time for the deadline set Wednesday, says the education minister.

"I wouldn't characterize it in any stretch that a deal is imminent, but there's enough there that we're continuing to discuss it," Jeff Johnson said.

A new deadline has not been set, Johnson added.

The Alberta Teachers' Association President Carol Henderson said Tuesday the major concern remains workload for its members, adding some log up to 60 hours a week. METRO

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Flu vaccine gets all-clear: Was hold a little too hasty?

Flu season. Canada says Novartis is safe to use: Italy, which sparked worldwide fears, is now reviewing its decision to ban it

It's flu-shot season — and the Novartis vaccine has got the green light.
JEFF MCINTOSH/THE CANADIAN PRESS

Health Canada lifted its hold on Novartis flu vaccines on Wednesday.

It said a review of the products reassured the department the vaccines are safe to use.

Switzerland, which also suspended use of the vaccines last week, followed suit.

And it was reported that even Italy, which was the first in a chain of countries to halt use of the Novartis vaccines, is now reviewing its decision, too.

In fact, a senior Health Canada official admitted the agency might never have put a hold on the products if it had had details last week about why its Italian counterpart had blocked delivery of Novartis vaccines.

Quoted

"No matter how many times you try to explain that this is a pretty common phenomenon and it doesn't really mean anything, people go 'Yeah, but they recalled it.'"

Dr Michael Gardam, of Toronto's University Health Network, suggesting the timing of the hold was bad for flu-shot campaigns.

Health Canada was finally able to get those details from Italy on Tuesday and also used other sources of information to conduct a risk assessment on the products, sold in Canada under the names Fluad and Agriflu.

It turned out that Italy had taken the action solely based on a report from Novartis that it had found an imperfect batch of vaccine made at its Siena, Italy, plant.

Other batches were apparently OK.

The Novartis vaccines make up a total of 20 per cent of Canada's combined flu vaccine purchase this year.

THE CANADIAN PRESS

Don't blame Sandy

It's cleanup time in Toronto — and you can't put all the blame on Superstorm Sandy. While its torrential rains were causing havoc, a fierce fire broke out on the city's fashionable Queen Street West. A commercial building that housed apartments and a Roots store was destroyed. The cause is unknown. RENÉ JOHNSTON/TORSTAR NEWS SERVICE

Storm aftermath

Toronto offers N.Y.C. transit help

Toronto's transit bosses have offered to help New York get its transit service back on line.

The offer extends "to whatever they need — track, signal, structural, electrical expertise, vehicle engineers," said Toronto Transit Commission spokesperson Brad Ross.

Meanwhile, Toronto council voted to help New York City with its cleanup after Superstorm Sandy.

TORSTAR NEWS SERVICE

SPCA on alert

DIY surgery puts dogs at risk

Saskatchewan SPCA officials are worried by reports of people neutering their dogs with do-it-yourself surgery.

SPCA manager Kaley Pugh says she has seen five reports this year of dog owners using elastrator bands to neuter their male dogs, a practice usually found on the farm when castrating bulls.

THE CANADIAN PRESS

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Zac Vawter, fitted with a "bionic" leg, looks down on Oct. 25 from the Willis Tower in Chicago. BRIAN KERSEY/THE ASSOCIATED PRESS

Bionic leg faces tough 103-storey test drive

Future tech. Amputee will use brain-powered leg to climb one of the world's tallest skyscrapers

Zac Vawter considers himself a test pilot. After losing his right leg in a motorcycle accident, the 31-year-old software engineer signed up to become a research subject, helping to test a trailblazing prosthetic leg that's controlled by his thoughts.

He will put this groundbreaking bionic leg to the ultimate test Sunday when he attempts to climb 103 flights of stairs to the top of Chicago's Willis Tower, one of the world's tallest skyscrapers.

If all goes well, he'll make history with the bionic leg's public debut. His whirring, robotic leg will respond to electrical impulses from muscles in his hamstring. Vawter will think, "Climb stairs," and the motors, belts and chains in his leg will synchronize the movements of its ankle and knee. Vawter hopes to make it to the top in an hour, longer than it would've taken before his amputation, less time than it would take with his normal prosthetic leg — or, as he calls it, his "dumb" leg.

A team of researchers will be cheering him on and noting the smart leg's performance. When Vawter goes home to Yelm, Wash., where he lives with his wife and two children, the experimental leg will stay behind in Chicago. Researchers will continue to refine its steering. Taking it to the market is still years away.

Bionic arms have been available for a few years. Safety is important: if a bionic hand fails, a person drops a glass of water. If a leg fails, a person falls down stairs.

The Willis Tower climb will be the bionic leg's first test in the public eye, said lead researcher Levi Hargrove of the institute's Center for Bionic Medicine.

The climb, called "SkyRise Chicago," is a fundraiser for the institute with about 2,700 people climbing. This is the first time the climb has played a role in the facility's research.

To prepare, Vawter and the scientists have spent hours adjusting the leg's movements. On one recent day, 11 electrodes placed on the skin of Vawter's thigh fed data to the bionic leg's microcomputer. The researchers turned over the "steering" to Vawter.

He kicked a soccer ball, walked around the room and climbed stairs. The researchers beamed.

It started with surgery in 2009. When Vawter's leg was amputated, a surgeon repositioned the residual spaghetti-like nerves that normally would carry signals to the lower leg and sewed them to new spots on his hamstring. That would allow Vawter one day to be able to use a bionic leg, even though the technology was years away.

THE ASSOCIATED PRESS

The goal

"Somewhere down the road, it will benefit me and I hope it will benefit a lot of other people as well."

Zac Vawter, about the ongoing research at the Rehabilitation Institute of Chicago.

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Storm victims in need of shelter and comfort

New problems arise.
Blazes rekindled by natural-gas leaks destroy dozens of homes in N.J.

People along the battered U.S. East Coast took the first cautious steps to reclaim their daily routines Wednesday, even as the search for victims continued. Superstorm Sandy's death toll rose to at least 63.

The New York Stock Exchange came back to life, and two major New York airports reopened to begin the long process of moving stranded travellers around the world.

U.S. President Barack Obama landed in New Jersey, which was hardest hit by Monday's hurricane-driven storm, and he took a helicopter tour of the devastation with Gov. Chris Christie. "We're going to be here for the long haul," Obama said at one emergency shelter.

For the first time since the storm pummelled the heavily populated U.S. northeast, doing billions of dollars in damage, brilliant sunshine washed over New York City, for a while.

At the stock exchange, running on generator power, Mayor Michael Bloomberg gave a thumbs-up and rang the opening bell to whoops from traders. Limited service on the subway will resume Thursday.

It was clear that restoring the region to its ordinarily frenetic pace could take days. Rebuilding the hardest-hit areas and transportation networks may take much longer.

About six million homes and businesses were still without power. In New Jersey, National Guard troops arrived in the heavily flooded city of Hoboken to help evacuate about 20,000 people still stuck in their homes and deliver ready-to-eat meals.

Tempers flared. A man screamed at emergency officials in Hoboken about why food and water had not been delivered to residents just a few blocks away. The man, who would not give his name, said he blew up an air mattress to float over to a staging area. THE ASSOCIATED PRESS

Unlikely bromance

U.S. President Barack Obama joined one of his top Republican critics to visit storm victims in New Jersey, giving Americans a high-profile display of presidential leadership.

- Gov. Chris Christie has been one of Mitt Romney's most prominent supporters, but he has been effusive in his praise of Obama's response to the storm.

U.S. President Barack Obama embraces Donna Vanzant during a tour Wednesday of a community affected by Superstorm Sandy in Brigantine, N.J. Vanzant owns a business damaged by the storm. PABLO MARTINEZ MONSIVAIS/THE ASSOCIATED PRESS

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THE CITY OF CALGARY

Vacationers.
Tourists can finally get off Facebook and see a bit of the city

Museums, the Empire State Building, Broadway theatres and many stores reopened Wednesday to the relief of tourists who'd been stuck in hotel rooms since the weekend due to Superstorm Sandy. But parks, the 9-11 Memorial, the Statue of Liberty, Ellis Island and other top attractions remained shuttered.

"We tried to go to Central Park but it was closed," said Angela Walsh, who travelled from Lincoln, England, with her husband and two kids, as they took pictures at Rockefeller Center Wednesday morning, where the rink was opening for skating. She said they'd spent much of the last two days in their hotel room. "Thank God for Facebook," she added. "That kept them entertained." THE ASSOCIATED PRESS

Bright side

"We are pleased because we are alive."

Tourist Martine Juillard of Paris, waiting with her daughters for the Abercrombie & Fitch store to open on Fifth Avenue

Commuters cross New York's Brooklyn Bridge Wednesday. Rush-hour traffic appeared heavier than on an ordinary day. RICHARD DREW/THE ASSOCIATED PRESS

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Backlash from racy rock ads

Sin City. Promotional campaign lands Las Vegas city officials in hot water with victims of domestic abuse

A county commissioner in Las Vegas says she regrets the board temporarily renamed a street in honour of Guns N' Roses after finding out about the band's suggestive publicity artwork.

Ads promoting the band's four-week run at the Hard Rock Hotel & Casino depict a disheveled woman who appears to be sexually assaulted beneath the iconic "Welcome to Fabulous Las Vegas" sign.

"I hadn't seen the advertising before the media event," Commissioner Mary Beth Scow told the Las Vegas Sun. "It's clearly inappropriate. Maybe it's the risk of doing business with a rock band, but I guess we'll have some remorse over this decision. It's a lesson learned."

Singer Axl Rose performs at the Hollywood Palladium. JASON MERRITT/GETTY IMAGES

Scow represented Clark County at a ceremony Monday that renamed Paradise Road to Paradise City Road, after the band's famous 1987 song. Scow said she'd done her due diligence before the renaming, even listening to the song beforehand. She said she liked the line in the chorus, "Take me down to the paradise city, where the grass is green and the girls are pretty."

An advocate for domestic violence victims said the county should rescind the street name change, and the band and venue should apologize for using the image. THE ASSOCIATED PRESS

Halloween lobster is one in 50 million

This image released by the New England Aquarium shows a one-pound female lobster, known as a "split," that was caught by a Massachusetts fisherman last week. Officials say such rare Halloween coloration is estimated to occur once in every 50 million lobsters. EMILY BAUERNSEIND/THE ASSOCIATED PRESS

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‘Ow, it hurts’ — shocking vids seen at teen’s inquest

Caution: Graphic content. Hooded Ashley Smith had her hands duct-taped to an airplane seat by prison guards

Ashley Smith is shown in this still image taken from a coroner’s video. THE CANADIAN PRESS/CONTRIBUTED

The haunting protests of a now-dead teenager filled a Toronto coroner’s courtroom Wednesday.

Surveillance videos were screened showing the troubled inmate repeatedly tranquilized against her will or being threatened with having her face duct-taped.

The disturbing images of Ashley Smith — images finally released after a two-year fight — showed the 19-year-old at several points in the run-up to her October 2007 choking death in a prison cell in Kitchener.

“Ow, it hurts,” a hooded Smith yells at one point as prison guards duct-tape her reddened hands to an airplane seat.

“Trust me: I am calm,” she says in a thin voice at another point, as guards threaten her.

The airplane video, from April 2007, shows Smith’s transfer from a Saskatoon prison, where a supervising guard had allegedly assaulted her by bashing her head into the floor.

Although she doesn’t appear to be putting up much resistance and she’s wearing two “spit hoods” over her face, the guards duct-tape her hands to the arm rests.

The pilot then weighs in.

“Don’t bite me,” he says.

“I’m not,” Smith responds.

“It’ll get worse if you do.”

“How can it get worse?”

“I’ll duct-tape your face.”

Correctional Service Canada is fighting to narrow the scope of the inquest into her death, arguing the coroner has no jurisdiction to delve into the federal prison system.

“Don’t let them get away with it,” Julian Falconer, Smith’s family lawyer, told presiding coroner Dr. John Carlisle. THE CANADIAN PRESS

Guards watched

Ashley Smith, 19, died Oct. 19, 2007, inside a segregation cell at the Grand Valley Institution for Women in Kitchener, Ont.

- **Horrific.** She choked herself to death with a strip of cloth while guards, instructed not to intervene, watched.

Grief. Hydro mourns one of its own, a storm victim

A hydro worker was killed Wednesday in southwestern Ontario while working on a power line damaged by Superstorm Sandy.

The worker, whose name was not released, was electrocuted while tending to a downed power line in Sarnia, said the labour ministry.

Bluewater Power CEO Janice McMichael Dennis said the death was an “unbelievable” shock.

“As you can imagine his family is grieving and we are grieving here as his family,” she said.

“It is an unspeakable tragedy.”

Provincial Energy Minister Chris Bentley took to Twitter to extend his condolences to the worker’s family.

“Thoughts and prayers with family of Hydro worker killed in Sarnia,” Bentley wrote.

It was the second known death in Canada related to Sandy. A Toronto woman was killed by a falling sign on Monday.

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Financial planning

40% of Canadians relying on homes to fund retirement

About four in 10 respondents to a new BMO study say they aren't confident in their ability to save for retirement and the same number are relying on the value of their home to help fund their retirement.

BMO warns that using a home as a nest egg is a risky idea and that personal savings must play a role in retirement planning.

"While it is true that, in the past, Canadians have enjoyed a stable housing market and increasing real estate values, there is no guarantee that this trend will continue," said Marlena Pospiech, retirement strategist at BMO Retirement Institute.

"As a result, individuals shouldn't count exclusively on their homes to fund their retirement and should be focused on building up their personal retirement savings."

The survey, conducted by Harris Decima, polled 1,002 people.

THE CANADIAN PRESS

Have a latte and a charged phone

Power up. Starbucks starts wireless charging program in U.S. stores

If Starbucks has its way, that double espresso might not be the only thing to give you a jolt the next time you visit.

The Seattle-based coffee chain has unveiled a wireless charging pilot program at 17 Boston-area stores. All Starbucks locations have had free Wi-Fi access since 2010.

The company didn't immediately respond to a Torstar News Service request for comment, but in a published report, executive Adam Brotman didn't rule out expansion of the wireless charging program to other Starbucks locations.

"Customers are coming into our stores every day with mobile devices, and putting them down on the table. If they could be charging their device at the same time, then we've connected with that customer and met their need, maybe even before they realized they had a need for wireless charging," Brotman said in the report, from the Boston Globe.

In this July file photo, a cup of Starbucks coffee sits outside a shop in Cambridge, Mass. The chain's Boston-area stores now offer customers wireless charging for their mobile devices. THE ASSOCIATED PRESS FILE

The wireless charging uses inductive chargers supplied by Duracell Powermat. While inductive charging has the advantage of doing away with wires that people can trip over, there are a few disadvantages. In particular, inductive charging doesn't charge batteries up as quickly as standard plug-based charging. TORSTAR NEWS SERVICE

E-commerce . Canucks will buy one-fifth of holiday presents online

This holiday season, about 20 per cent of gift purchases in Canada are expected to be made online.

One in five presents bought via the web sounds like a sizable number, but compare that figure to the shopping habits of web-savvy Americans, Brits and Germans and it's actually tiny.

According to a recent eMarketer report, 90 per cent of Internet users in the U.K. expect to do some of their shopping online this year and half expect to do most of their buying through the web.

E-commerce could be a much, much larger trend in Canada if consumers had more places to shop online, says Rafe Petkovic, Google Canada's head of industry for retail.

The state of online shopping in Canada today is similar to what consumers in the United States, U.K. or Germany experienced in 2006 or 2007, Petkovic adds, with relatively few retailers to choose from, limited inventory selection and inconsistent shipping options.

"They are certainly markets that are very, very far advanced in comparison to some of the most nascent markets, of which I think Canada is one," he says. "That's not to say it's going to take five to six years to get to a state of e-commerce sophistication, because the benefit that Canadian retailers have is they can steal with pride and learn the lessons that have been painfully learned by their peer set in other markets around the globe."

THE CANADIAN PRESS

Canadian challenges

- The country's vast geography and lack of population density are daunting to Canadian retailers looking to launch an online shop.
- Those factors make inventory management and the ability to offer inexpensive — or ideally free — shipping more challenging.
- Having a robust, secure e-commerce operation also requires a significant investment, which some companies have been reluctant to make.

Economy declines for first time since February: StatsCan report

Canada's economic expansion came to a surprising halt in August, posting the first decline since February and setting the stage for the worst quarter of economic activity in more than a year.

Real gross domestic product shrank by 0.1 per cent over the month, with both temporary and fundamental factors taking the steam out of what economists had expected to be a relatively healthy 0.2 per cent advance.

Finance Minister Jim Flaherty cautioned against overreacting to the one-month setback, saying the economy is growing. "It is one month," he told reporters on his way into a Conservative party caucus. "There is some weakness in Europe certainly, and the American recovery is slow. We are going to see variations month to month, but overall for the year we are on track with GDP growth."

But with contractions in 10 out of 18 industrial sectors, including the big ones of manufacturing, construction, mining and oil and gas extraction, "this is no fluke," said Bank of Montreal economist Doug Porter.

"While some temporary factors weighed on activity in August, the main message here is that the economy is struggling to churn out any growth whatsoever."

Despite private-sector economists' expectations, the weakness had been somewhat foretold by the Bank of Canada last week when it surprisingly downgraded growth for the third quarter to an anemic one per cent, blaming temporary shutdowns in the natural-resources sector.

But Scotiabank economist Derek Holt said the bank would be lucky to meet even its revised forecast now, saying the quarter, which ended in September, is now tracking at about 0.5 per cent growth.

THE CANADIAN PRESS

Quoted

"The most disturbing thing about the report is the breadth of declines across so many different sectors."

Scotiabank economist Derek Holt

A worker assembles a business jet at Bombardier's manufacturing facility in Toronto in May. The Canadian economic expansion came to a surprising halt in August, posting the first decline since February. THE CANADIAN PRESS FILE

Chinese tourism

South Korean island to become gambling mecca

South Korea's Incheon city said Wednesday it aims to transform a small fishing island off the country's west coast into a hub of tourism, shopping and gambling to rival Macau and Las Vegas.

The city, 28 kilometres west of the capital Seoul, hopes to eventually attract up to $290 billion US in investments by 2030 to build casinos, hotels, auto-racing tracks, a marina and K-pop concert halls in its district of Yongyu-Muui.

Incheon hopes the tourism complex will lure the growing middle and upper class from China, who are spending more on leisure and travel.

THE ASSOCIATED PRESS

Market Minute

DOLLAR 100.10¢ (+0.03¢)

TSX 12,422.91 (+45.86)

OIL $86.24 US (+$0.56)

GOLD $1,719.10 US (+$7)

Natural gas: $3.69 US (-1¢)
Dow Jones: 13,096.46 (-10.75)

GOOD NEWS TODAY

Great is the faithfulness of God; His mercies begin afresh each morning. *Lamentations 3:23*

(Prayer: Heavenly Father, thank You for the miracle of a new month. You are a faithful God, and I know that your love and mercy will see me through the rest of this year)

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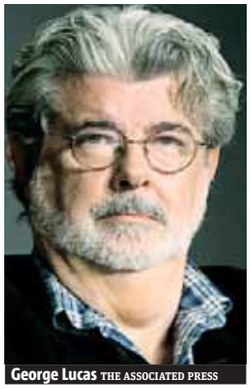
BELIEVING IN STAR WARS IS SO DARNED GOOFY

HE SAYS...
John Mazerolle
metronews.ca

Finally, there's going to be a fourth Star Wars movie! After almost three decades! Wow!

It's hard to believe there's been nothing since Return of the Jedi, back in 1983! Because there hasn't been. Nothing. *Nothing.* Understand? There have been no prequels, no tampering with the trilogy, no terrible cartoons. Understand?



George Lucas THE ASSOCIATED PRESS

Good. And if I hear the word midi-chlorian out of you, it won't just be Greedo shooting first. Got it?

Sigh.

Much like Lando's "mask" in Jabba's palace, I'm not fooling anyone. But, like every human from this galaxy who has ever seen Star Wars, I wish somebody would Jedi mind-trick me into forgetting the prequels and spinoffs and "special editions."

But now George Lucas has sold the franchise to Disney for more than the GDP of Swaziland (for real, I Googled it). And Mickey and Co. say they're going to make at least three more films, which means Star Wars geeks everywhere have new hope.

Much anger, fear, hate and suffering have we for Lucas. It's impossible to think of a creator of anything so popular who is more reviled than he is. Many geeks spit his name the same way NHL fans say "Gary Bettman," but Bettman didn't invent hockey. It's a unique situation.

The ship has sunk

I've heard a couple of people say that they're worried Disney will ruin the franchise, which to me is like worrying a salvage team retrieving a sunken ship might scratch the hull.

But, then again, it's hard to overstate how disappointing Episode I: The Phantom Menace was to anyone who watched Star Wars as a child. Never have so many stood in line for so little.

There's a Lord of the Rings prequel coming out next month. If Lucas was in charge of that project, we'd learn that the battle for Middle Earth was a dispute over an estate tax, that Frodo can carry the ring because of micro-organisms called arthro-mitials, and that before Sauron became the Dark Lord he was a whiny teenager.

Was Lucas only in it for the money? Maybe. But more likely he was only in it for the toys, be it multimillion-dollar special effects or plastic figurines.

Star Wars always had lots of merchandise, but in the old days it was more a by-product of the excellent films. The original toys were sort of charming in their clunkiness. A lightsabre appeared magically from inside Luke's arm, decals came off R2-D2 in the bathtub, and many frustrating hours were spent in childhood just trying to get Hammerhead to stand up without falling over.

By the time the third prequel came out, there were so many slick toys, ads and cross-promotions it would not have surprised me to see Obi-Wan talking through an AT&T hologram and Darth Vader explaining that he draws his strength from the power of Pepsi.

I've heard a couple of people say that they're worried Disney will ruin the franchise, which to me is like worrying a salvage team retrieving a sunken ship might scratch the hull.

With any luck, Episode 7 will be the movie we were all waiting for in the late '90s. After all, Disney is the film company that has made epic sequels like The Santa Clause 2, and sci-fi fantasy smashes like John Carter. What could possibly go wrong?

May the Force have mercy on us all.

500 years and counting

MUSEI VATICANI

Anniversary

Painting marks half-millennium

Today marks 500 years since the completion of one of the world's greatest artistic masterpieces, Michelangelo's Sistine Chapel ceiling.

To commemorate the half-millennium, Pope Benedict XIV has held a simple vespers prayer service, a repeat of the devotion to the finished ceiling by Pope Julius II in 1512.

The Vatican has warned it may eventually limit the number of visitors (now five million a year), with sweat, dust and carbon dioxide all contributing to the painting's slow decay. METRO

Conservation

Air conditioner to help preserve art

In an effort to purify the air inside the sacred site and protect the frescoes, a state-of-the-art air-conditioning system, which Vatican Museums director Antonio Paolucci claims is "the most advanced in the world," will be in place by the end of 2013. "My goal is the elimination of atmospheric pollution and I believe the new system will work very well," Paolucci said.

But the conservation has not been without criticism.

"Until the last restoration (1980-90) the ceiling was in remarkably good condition for its age," Michael Daley, director at restoration group ArtWatch, told Metro. METRO

Sistine Chapel

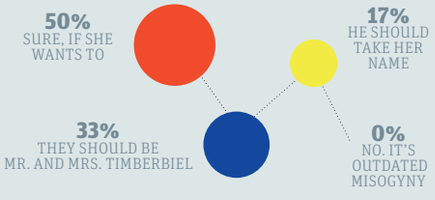
- In 1475, the Sistine Chapel was commissioned by Pope Sixtus IV, from whom it gets its name. Since that time, Catholic cardinals have convened at the chapel in a papal conclave to elect a new pope.
- Michelangelo was accused of immorality and obscenity for depicting naked figures in a church. After his death, Church officials ordered another artist to paint loincloths over the offending genitalia.

The Creation of Adam is the most famous section of Michelangelo's Sistine Chapel. SEI VATICANI

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Should Jessica Biel be taking Justin Timberlake's last name?



Twitter

@adamcmwilson: @calgarytransit really keeps you guessing... Expect the unexpected. And by unexpected I mean being late for everything. #yyc

@chrisjmcclure: Strangely enough, this is the weather I remember as a kid in #yyc on #Halloween: cold, snow, hot chocolate after trick or treating

@jaredjones: I saw 3 zombies on the streets of #yyc this morning before I came to the realization that it's #Halloween.

@Makina_Lynn: #yyc drivers make me wanna stab myself in the eye with my well manicured nail #idiots

@pikadru: its beginning to look a lot like chris- jk its just snowing on halloween. #calgary #yyc

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Burlesque replaces ballet for Ruby Demure

Butterfly Circus Burlesque has an evening of live music, dance and performance art lined up for Saturday. CONTRIBUTED

Butterfly Circus.

Troupe's quarterly show on Saturday a great opportunity for 'virgins' to shake their stuff

BACKSTAGE PASS
Lisa Wilton
calgary@metronews.ca

Details

- Tickets for Butterfly Circus Burlesque are $15 at the door or $10 in advance at Blame Betty, 829 – 17 Ave. S.W.
- Saturday's musical guests are Calgary garage rock band, The Pygmies.
- The Distillery's doors open at 8 p.m. and the show starts at 9 p.m.
- For more information on Burlesque Burn classes, go to burlesqueburn.com.

A sense of exhilaration washes over Ruby Demure each time she performs one of her sultry burlesque dances for an audience.

But it wasn't always so.

"The first time I went on stage I was terrified and I wasn't sure it was right for me," recalls the 28-year-old choreographer.

"But the first time I did my pasties reveal was amazing. It can be scary though. It's a really vulnerable position to be in."

Demure was a ballet dancer for five years until she fractured her hips seven years ago.

In 2010, she heard about a burlesque fitness class called Burlesque Burn, run by local performer Daisy Deville, and decided to give it a try.

"I was looking for a way to get back into dance," she says.

After finishing the most advanced session, she and three other Burlesque Burn grads created the Butterfly Circus Burlesque troupe.

Demure says the mission of Butterfly Burlesque is to "celebrate curves and lack of curves," as well as making burlesque accessible for the general public.

"We have girls from tiny sizes all the way up to extremely curvy," she says.

"It's just so great to get up on stage and show that there isn't anything to be ashamed about with your body, no matter what it looks like. None of us are who you would assume to be a model in a magazine, or anything like that."

Demure hopes to encourage other women who might be toying with the idea of taking up burlesque dancing to go for it.

"It's empowering," she says.

"It's about just getting up there and being excited and learning to love your body."

Butterfly Circus Burlesque's quarterly show takes place Saturday at The Distillery and Demure says it's a great opportunity for burlesque virgins to experience the sexy art form.

"We're trying to show something a little different," she says. "Not just the feathers and fans so many people think about when burlesque is mentioned. They're really fun shows."

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Washington flies high with complex role

Flawed hero. Actor says making Flight was fulfilling a promise he made to an old, departed friend

NED EHRBAR
Metro World News in Hollywood

We at least now know how Denzel Washington would answer the age-old question of which super power it's better to have: invisibility or flight.

"I have a flying dream. I've had it for most of my life," Washington says, opening himself up to amateur dream interpreters everywhere.

"Somehow I always end up near the city and I go underneath bridges. And I would just work my way down, and I'd stay under them.

"Then I would have the other part of the dream, it would be this takeoff forever, and I would (be) like, 'Oh, I've got to stay below the street wires.'

"And then I'm starting to go back up, but then, you know,

"I've got to get back below the wires.

"I don't know what it means."

Washington engages in a slightly different kind of flying in Flight, his latest film from director Robert Zemeckis.

In it, the Oscar-winner portrays a talented but troubled pilot who brazenly lands a malfunctioning plane with minimal casualties — but he happens to be coming off a booze- and cocaine-fueled bender at the time.

What unfolds is a man lauded as a hero and forced to face his demons at the same time.

The role was definitely a challenge for Washington — but then, he likes a challenge.

"I wouldn't say it was easy," he says of playing out the turmoil of his character's life.

"But you're raw. It was just raw. Your nerves are raw."

And it certainly beats the alternative.

"You know, tough spots for me are pictures I don't want to be on," he says.

"When the people say, 'What's the hardest part of a movie?'

"You know, if you're on a movie and it's like the third day and you go, 'How many days have we been shooting?' 'Like, three.' 'How many more have we got to go?' '117.'

"That's a tough movie for me, but this was an adventure."

As for what drew Washington to the project in the first place, it turns out making Flight was part of keeping a promise to an old, departed friend — his agent.

"My agent, the late Ed Limato, the last two scripts he gave me were Flight and Safe House," Washington explains.

"That was a part of it — a promise I made to him."

Quoted

"I wouldn't say it was easy. But you're raw. It was just raw. Your nerves are raw. You know, tough spots for me are pictures I don't want to be on. ... But this was an adventure."

Denzel Washington on playing the role of a heroic, but flawed, pilot in Flight.

Denzel Washington plays a talented — but troubled — pilot in Flight. HANDOUT

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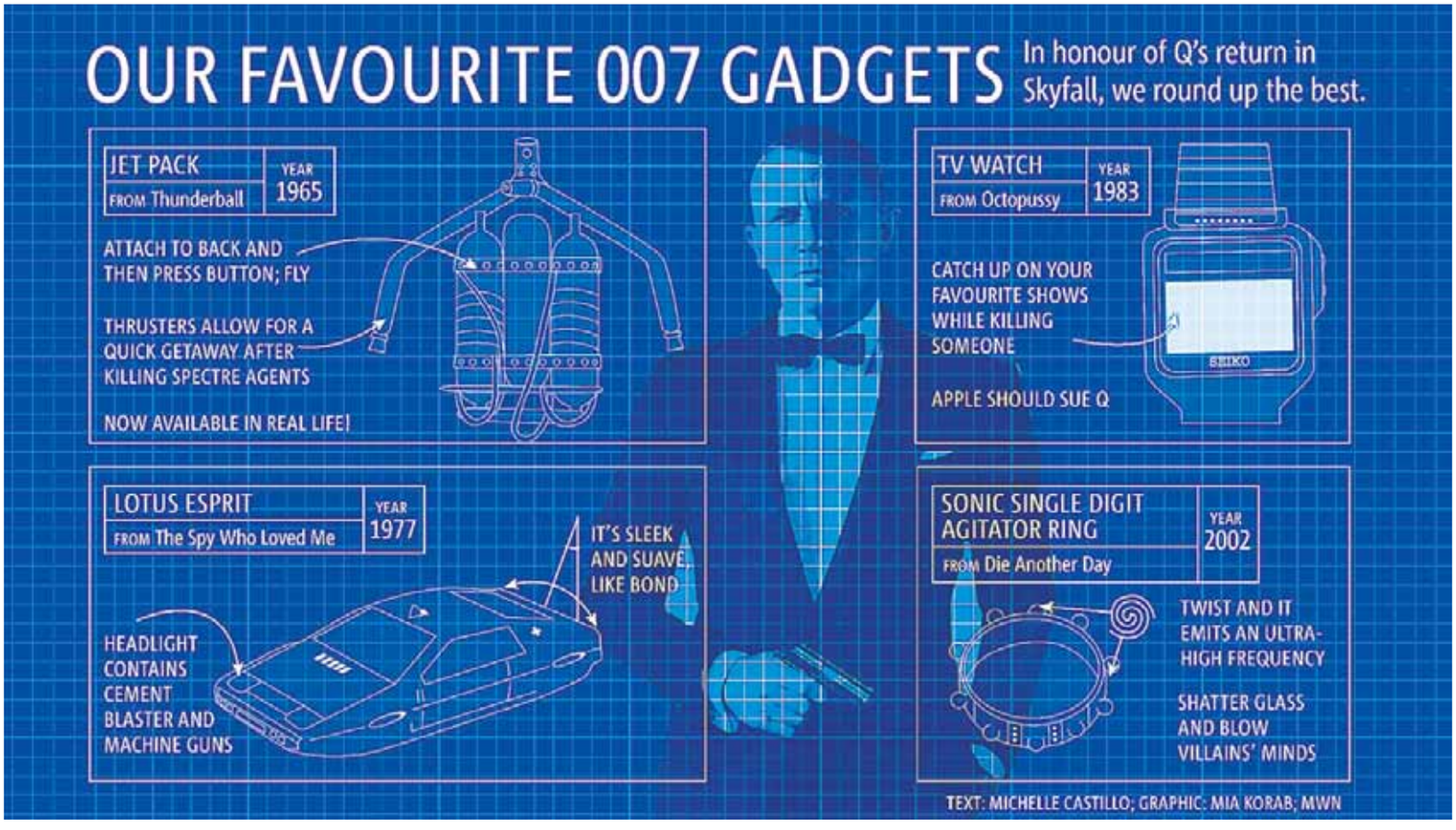
OUR FAVOURITE 007 GADGETS

In honour of Q's return in Skyfall, we round up the best.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YEAR 1965
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FROM Octopussy
YEAR 1983
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APPLE SHOULD SUE Q
SEIKO
LOTUS ESPRIT
FROM The Spy Who Loved Me
YEAR 1977
IT'S SLEEK AND SUAVE, LIKE BOND
HEADLIGHT CONTAINS CEMENT BLASTER AND MACHINE GUNS
SONIC SINGLE DIGIT AGITATOR RING
FROM Die Another Day
YEAR 2002
TWIST AND IT EMITS AN ULTRA-HIGH FREQUENCY
SHATTER GLASS AND BLOW VILLAINS' MINDS

TEXT: MICHELLE CASTILLO; GRAPHIC: MIA KORAB; MWN

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Hollywood men face a hairy conundrum

Movember. Got beard? It may be the difference between a hit movie and the discount bin

MIKE DOJC
scene@metronews.ca

Jonathan Frakes' with beard: awesome. HANDOUTS

Jonathan Frakes, back, without beard: boring

To beard or not to beard, that is the whisker twirler confronting scores of stars looking to kick their careers into higher gear. Cultivating facial forestry can have a transformative effect on an actor, re-energizing their chi and forcing folks to see them in a new light. A baptism of fuzz may well be just what the barber ordered. At the very least, it'll prompt legions of fans to tweet their praises with a #beardgettingitdone or #gotbeard hashtag and that kind of social media hubbub is always a good thing for Hollywood players.

A hot meme in the geekier corners of the interweb, the theorem is predicated on Jonathan Frakes (Commander Riker) growing his out to start the second season of Star Trek the Next Generation, widely seen as the inflection point when the show went from mere impulse power to warp drive in one hairy intergalactic minute.

Years later, when Counselor Troi shaves Riker midway through Star Trek: Insurrection during the sexy bathtub scene, the sci-fi staple entered terminal decline, where it would remain cold and lifeless until the J.J. Abrams 2009 reboot of the franchise.

Zach Galifianakis' career arc perfectly illustrates the beard as career elixir. While the outlandish comic had some success as a stand-up, his first major break was landing his own talk show on VH1 10 years ago. But Late Night World with Zach bombed and was cancelled after just a nine-week run. Could a contributing factor have been that Galifianakis was clean-shaven on the show? Post cancellation, Galifianakis disappeared from view.

"When you go from having your own talk show to doing stand-up in a bowling alley, you can react by getting mad or depressed, or by just going away, like people expect you to. I reacted by growing my beard," Galifianakis once told the New York Times.

Post shave-cation, full bearded Galifianakis suddenly had stage presence. He was not only way more recognizable, he also became an original, a humourist of repute, absolutely slaying audiences in The Hangover.

"Beards can be a great way for an actor to change his public face and to reinvent a career," explains Dr. Allan Peterkin, a facial hair guru whose latest book One Thousand Mustaches: A Cultural History of the Mo hones in on the above-the-lip hair strip.

The main caveat to the growing the beard trope is that the look has to suit the actor's face.

Otherwise, the follicular thicket may come off as a disguise instead of a new guise as Jim Carrey, Anthony Hopkins and Joaquin Phoenix can all attest.

In 2005, Mel Gibson sported a diabolical salt-and-pepper growth, which bore a pretty strong resemblance to the Unabomber's mug shot or a spider-hole era Saddam Hussein.

That unkempt extrusion certainly didn't do Gibson's waning career any favours.

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Russell Brand. ALL PHOTOS GETTY IMAGES

Russell Brand dispensing sage advice to celebrities

Russell Brand, who is something of an expert when it comes to facing problems with drugs and alcohol, could offer troubled starlet Lindsay Lohan some pretty valuable advice, but he's saving it for Lohan herself.

"If I did have (advice), I'd give it to her directly," Brand tells Hollyscoop. "Lindsay, I don't suppose you got a phone or anything."

And while he waits for her contact info, the former addict does have some advice for stars who don't necessarily need rehab treatment.

"If they don't have a problem with drugs or alcohol, they should drink a lot and take lots of drugs and enjoy themselves," he says.

Justin Bieber

Stop the presses! Justin Bieber has a hamster

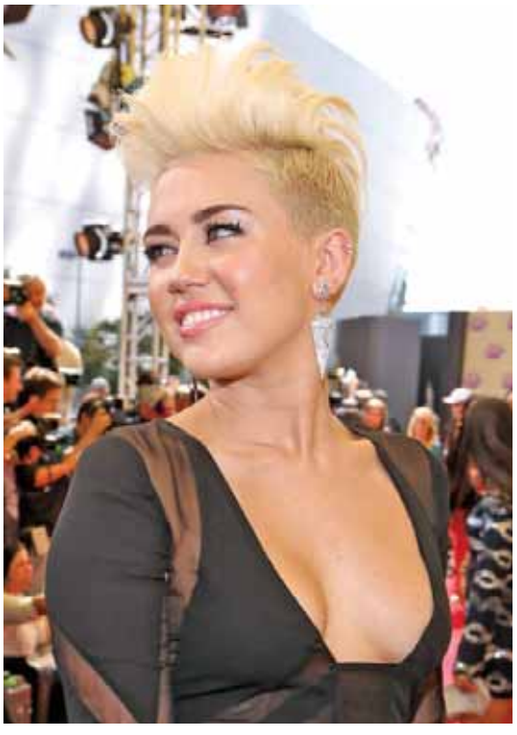
Justin Bieber likes to keep things interesting while on the road, and keeping things interesting apparently involves carting around a pet hamster named Pac.

"This is Pac the hamster, my new Believe Tour pet," Bieber says in a post to Twitter that includes a photo of the tiny rodent. "I will bring him to every meet-and-greet."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Miley Cyrus to have three weddings across planet

Miley Cyrus is reportedly planning to go all out when she marries fiancé Liam Hemsworth, celebrating with three lavish weddings around the globe, according to Star magazine. Cyrus and Hemsworth, who announced their engagement in June, are said to be planning separate ceremonies in Los Angeles, her native Tennessee and his hometown of Melbourne, Australia. All three ceremonies will reportedly take place next year — with a different wedding dress for each — and Cyrus had reportedly budgeted $1 million for the endeavor.

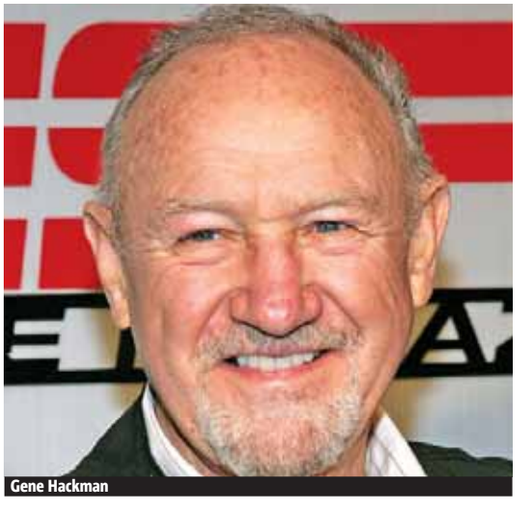
Twitter

@katyperry
I'm starting to rationalize with Doomsday preppers. *whistles a particular REM song*

@billmaher
Looking forward to James Bond movie; Obama's like him cuz he's cool, has license to kill; and Mitt's like him cuz he's been 6 different guys

@realjaclynsmith
An honest person is a person who can play chess on the phone.

@SteveMartinToGo
Even though we've had to cancel all the shows due to the storm, in an unprecedented move, we are going to keep all the ticket money.



Gene Hackman

Don't mess with Gene Hackman

Gene Hackman reportedly slapped a homeless man who had accosted Hackman and his wife, Betsy Arakawa, outside a restaurant in New Mexico, according to TMZ.

The man, Bruce Becker, reportedly approached the couple as they were leaving the restaurant, and an argument ensued, culminating with Becker insulting Arakawa and Hackman defending himself by striking Becker. The police were called but no charges were made against Hackman, as it was determined he acted in self-defence. His rep did not respond to a request for comment.

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Going out on a Lim: A Reitmans-Martin mash-up

Power couple.
Metro gabs with dynamite design duo Martin Lim and their Reitmans collaborator Brigitte Martin about inspiration, comfort and accessibility in fashion

BRIGITTE NOËL
life@metronews.ca

Montreal-based design duo Martin Lim has wasted no time becoming a recognizable name in the Canadian fashion industry. With a mere four collections under its belt, the nascent label has already garnered critical acclaim and won the prestigious Mercedes-Benz Start Up program. Now, the designer power-couple of Danielle Martin and Pao Lim are collaborating with Reitmans on a capsule collection of 10 dresses.

So how did this collaboration start?

Brigitte Martin (Reitmans merchandise manager): When we were in Toronto last year, (Martin Lim) were showing and they really were loved by the public, so they were on our radar. We weren't sure who they were, we thought it was one person. We wanted to meet them and when we did, it was even more than we expected.

Pao Lim: We were excited by the news, the first meeting just fit. We were surprised, because we're a relatively young business.

So how did it go from there?

Brigitte: They weren't sure if at first they should come up with new ideas, but I said no, we love what we've seen so far, that's the real DNA of Martin Lim. I don't know if it was so clear for you what your DNA was for us?

Danielle Martin: Somehow yes and no. If we love something we just make it, we don't think, "is it our DNA or not?" But when we had to create the collection here, we really had to think, OK, what is Martin Lim about, what is significant in our style?

Pao: It's a very concise collection, so every dress has to be recognizable. It's more of a challenge for us.

You used some quite interesting elements, some vegan leather, even neoprene.

Pao: We bound two fabrics together to have that neoprene look: we use silk and we bind it to jersey to have that comfort.

Brigitte: It's the mix of all the fabrics that was a surprise for us. Without intending to, their signature touches came through. The first ideas they drew were the bodycon shift dresses. They were doing a plus and a petite also … Danielle has an interesting way of talking about plus, she calls it "épanouie," which is a blossom.

Danielle: Pao wanted a bodycon dress for the plus sizes, he wanted to have the shape and the curves.

Pao: Yes, it glorifies the woman curve. Very often, when people design plus sizes, they tend to try to cover the body. We say, why hide?

Danielle: I really like to use the silhouette to attract le regard to the décolleté, to the front. For a petite, (the dress) just elongates the legs. The waist is slightly higher. You can wear it with a jacket, or without, or go to dinner.

From office to party!

Brigitte: Yes! That was the versatility we were looking for, that's sort of part of our brand platform — versatile and comfortable. That's not what you think when you see this collection. (Comfort) wasn't the ultimate goal at the beginning, but it wound up working very well.

Danielle: I have to see if I can sit, if I can walk, if I can live in my clothes.

How did you imagine women feeling in these clothes?

Danielle: When we create, we always think about different women — women we know, women we see on TV, friends of ours.

Pao: It's a combination of different personalities, different characters. Every season, we give names to dresses — I think it's very interesting when you give names to clothes because you really picture somebody wearing it.

Danielle: It gives it a personality, so you can get more attached to your garment.

THE MARTIN LIM FOR REITMANS COLLECTION IS AVAILABLE ONLINE ON NOV. 1 AND IN SELECT STORES ON NOV. 2.

Husband and wife business team Danielle Martin and Pao Lim. PROVIDED

Let's hear it for the boys

Ladies, while you're shopping for the best of the dresses, do a good deed and give a thought to your man's duds. Tip Top Tailors provides you with everything you need to know to get him perfectly suited up this season:

- **What black was, blue is.** And grey for that matter. While he can still wear his black suit, it's time to lead him toward charcoal grey or mid-blues, both of which are now looking very sophisticated.
- **It's all about the fit.** And the fit is changing. Men's suits and sports jackets are a little leaner even if he isn't! You may have to lead him toward a suit that fits as close to the body as he's comfortable with. But don't confuse this with tight — he needs to look at ease in it.
- **They're back and they're back big!** Sports jackets, dormant these last few years, are looking terrific and they're perfect for business. Fabrics are lush (think suede and velvet), colours range from rich to muted. He can be a bit bolder here than he might be with a suit as long as he pairs it with a neutral pant.

Show off your shape

"Very often, when people design plus sizes, they tend to try to cover the body. We say, why hide?"

Pao Lim
Co-creator of Martin Lim

Three to compare

LIMI

It's a mixing of texture, the bonding of the shine with the knit, and the injection of colour on top. It just lifts you.

- Brigitte Martin, Reitmans

BIJOUX

It's just a nice, easy, timeless dress in terms of the way that it moves with you and you can keep it forever.

- Brigitte Martin, Reitmans

MARIA

I really like to use the silhouette to attract "le regard," to the décolleté, to the front, with that green piece.

–Danielle Martin, Martin Lim

Editor's picks

Clarins Revitalizing Gel

$48, clarins.ca

L'Oreal Paris Hydra-Energetic Ice Cold Eye Roller

$16.99, lorealparis.ca

L'Oreal Paris Hydra Energetic Magnetic Charcoal Cleanser

$12.99, lorealparis.ca

Gillette Fusion ProGlide Styler

$26.99, gillette.com

On taming the facial tiger

Get in your face!

Maintaining your money-makin' mo' is as easy as taking a few moments to embrace that beautiful face

It used to be significant others only who would dread the hockey playoff season when it came time to deal with unruly facial hair. Now the once-a-year beard blitz is a double whammy thanks to Movember. Still, there is no reason that 'stache can't be stylish — and well-pruned. We have a few pieces of advice to get you and mo' through the next 30 days.

Keep it neat

Boys, if you don't own a trimmer, we suggest you get one — either that or learn how to use tweezers without flinching. Think of your 'stache as an eyebrow. Get rid of any wayward follicles and smooth down those strays. Be creative with the look, and keep the rest of your face well shaved to draw the eye toward your fundraising endeavor.

Glow time

So what if your 'stache does look a bit more caterpillar creepy than cultured? Caring for your skin will help distract attention from your upper lip. We recommend a good moisturizer and facial toner that will awaken your pores and keep your skin looking healthy throughout the month. And don't forget your eyes. An eye roller will refresh any signs of fatigue like under-eye circles or darkness.

Work the 'do

If you are not as efficient as other guys when it comes to facial hair growth, or are just worried about an overall unkempt look, splurge on a haircut to balance out the look. The good cut will help to keep you looking dapper no matter what is taking place below your nose.

METRO

Don't blame us if you're caught relishing in your own reflection once or twice this month. ISTOCK

Stepping out with the 'stache

In recognition of Movember, TOMS is offering shoes in two different styles featuring the signature moustache

- A portion of the proceeds goes to Movember, and, like all TOMS shoes, with every pair purchased a pair is given to a child in need.
- **Check out toms.ca/movember for more.**

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Easy seasonal room updates

Your space. Get an affordable new look in a matter of minutes

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Updating your place can be done quickly and inexpensively by shaking up your accessories.

With fall settled in and winter on its way, adding a few trend-setting home comforts will help give your rooms a boost.

What's hot for fall/winter is bold patterns and strong colours.

Here's a primer as to what changes will give you the biggest bang for your buck.

Modular carpet tiles are a great way to add creativity to an entrance. FLOR.COM

Front Entrance

Here's your chance to create a stylish welcome with something that is not only attractive, but useful. A series of modular carpet tiles can be arranged to fit any entrance and the design/colour choices are endless. They are usually made of synthetic, durable low-weave carpeting pieces, so are flat enough to slide under existing closet hall doors and simply stick in place to the floor with safety tape. Other ways to add pizzazz to your front entrance: a new pendant light, a wall hung mirror, or simply paint the inside of your door a fashionable colour.

Remembrance carpet tiles, flor.com

Liven up your bedroom with bright bedding sets. URBANOUTFITTERS.COM

Bedding

The bed is the largest piece of furniture in the bedroom, so making a seasonal change with bedding means changing a large part of the room. Try to include colours that already exist in the bedroom so that your new bedding blends with the entire room's decor scheme. Don't forget the designer details such as a co-ordinating bedskirt, pillow shams and a decorative top blanket. Other ways to liven up your bedroom: add stationary drapery panels on each side of the window, paint the wall behind the bed a fashionable colour or add a new upholstered headboard.

Paper Medallion bedding, urbanoutfitters.com

Consider pillows to be artwork for the sofa. POTTERYBARN.COM

Living room

For most good decorators, the colour of the sofa is neutral, which means injecting some colourful pillows isn't that difficult. Wondering where to find inspiration for your new pillows? Look no further than a great colour in your artwork or area rug to create a pulled-together room. Other ways to decorate your living room: a new area rug, lampshades or a cosy throw will all help to take your room from boring to fabulous for just a few dollars and in just minutes.

Suzani embroidered pillow cover, potterybarn.com

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Smoked Salmon Sushi Squares

This recipe makes 16 servings. LORELLA ZANETTI, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

ROSE REISMAN
for more, visit
rosereisman.com

My corporate clients vote this their favourite appetizer. It's the perfect solution for those who shy away from sushi because of concern about eating raw fish.

The key is cooking the sushi rice properly. I always use a water-to-rice ratio of one-to-one, never stir the rice, and keep it covered even when it's cooling — using a rice cooker is easy, since it can never go wrong. You can find rice wine vinegar already flavoured for sushi, so you don't have to add any sugar. Nori is available in good quality supermarkets and Asian food shops.

1. Combine the rice and water in a saucepan. Bring to a boil and boil for 1 minute. Reduce the heat to low, cover and cook for 12 minutes. Remove from the heat and let stand, covered, for 10 minutes.

2. While the rice cooks, combine the vinegar and sugar in a small saucepan. Bring to a boil, stirring to dissolve the sugar. Remove from the heat.

3. Turn the rice out into a large bowl. Stir in the vinegar and sugar mixture. Cool just until the rice no longer feels hot. Don't let the rice get cold or it will dry out.

4. Line an 8-inch-square baking dish with plastic wrap. Cover the bottom with the cucumber slices. Lay the smoked salmon over top. Mix the mayonnaise and wasabi together and spread over the salmon.

5. Place half of the rice over the mayonnaise. Pat it firmly to an even thickness, dipping your fingers in water to prevent the rice from sticking to your hands. Top with the nori. Add remaining rice, patting it firmly to an even thickness.

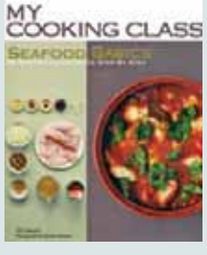
6. Invert onto a serving platter and cut into 16 pieces. Sprinkle with the sesame seeds. Serve immediately, or cover with plastic wrap and refrigerate for up to 8 hours. Serve at room temperature, garnished with soy sauce, wasabi and pickled ginger, if desired. **ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS) BY ROSE REISMAN**

Ingredients

- 2 cups sushi rice
- 2 cups water
- 1/4 cup rice wine vinegar
- 1 tbsp granulated sugar
- 16 thin slices English cucumber (unpeeled)
- 4 oz smoked salmon
- 1 tbsp light mayonnaise
- 1/2 tsp wasabi (Japanese horseradish)
- 1 sheet nori (dried seaweed)
- 1 tsp sesame seeds, toasted
- low-sodium soy sauce, wasabi and pickled ginger (optional)

Cookbook of the Week

Dive into the sea



With step-by-step photo directions and 86 recipes, My Cooking Class: Seafood Basics by Abi Fawcett is your guide to mastering seafood. Tutorials demonstrate basic techniques such as filleting a cooked round fish and butterflying shrimp, and concise instructions remind cooks of the do's and don'ts of handling seafood.

Seafood Basics is divided into eight chapters and includes recipes such as: Classic Fish Stew, Crab Bisque, Moroccan Fish Tagine, Louisiana Seafood Gumbo, Saltencrusted Sea Bass, Fresh Fish Pizza, Creamed Clam Linguine, Quick Monkfish Curry, Maryland Crab Cakes, Lobster with Cayenne, Stuffed Baked Squid and Spanish Seafood Paella. **METRO**

Building hallowed ground in the City by the Bay?

MLB. Giants brass talk dynasty amidst World Series celebration

San Francisco Giants CEO Larry Baer wants to add more World Series championships to the two his franchise has captured the past three seasons.

Why not build a baseball dynasty in the Bay Area?

Baer said Wednesday the front office is already hard at work beginning plans for the 2013 roster — and he is optimistic many familiar faces will stick around, including second baseman and NL championship series MVP Marco Scutaro.

"Nobody thinks we should be done," Baer said. "I think we want to get lots of people back, and he's one of them.... My favourite sign was 'San Francisco, Happiest Place on Earth.' That's how we all feel about this. That's what the goal is."

National League West champion San Francisco completed a four-game sweep of the Detroit Tigers on Sunday night. The Giants and the city celebrated with an orange-and-black parade through downtown Wednesday.

General manager Brian Sabean called it a priority to re-sign Scutaro, centre fielder Angel Pagan and left-handed reliever Jeremy Affeldt. So far, he said, his staff has spoken only "informally" about what's next as everyone wanted to get through Wednesday's festivities before starting in earnest.

Scutaro, who celebrated his 37th birthday Tuesday and then partied with his teammates a day later before they part ways for the winter, said it's a no-brainer he would like to return.

"What a question. Of course I want to come back," Scutaro said. "Sometimes there are decisions you can't control. I don't know what they're thinking, what other teams are thinking. I just have to wait. The only thing I can say is I hope everything works out because I want to come back here."

THE ASSOCIATED PRESS

Quoted

"I want 15 years, three thousand million dollars."

Free agent second baseman Marco Scutaro, joking when asked Wednesday what it would take to bring him back to San Francisco

Fans line Market Street in San Francisco on Wednesday to celebrate the Giants' World Series championship. EZRA SHAW/GETTY IMAGES

Championship support

Giants share love with fans

Orange-and-black-clad hordes flooded the streets of San Francisco on Wednesday for a ticker-tape parade celebrating the World Series champion Giants — a Halloween treat made even sweeter as a repeat performance from 2010.

Tens of thousands of people decked out in the team's holiday-appropriate colours stood 30-deep behind barriers, climbed trees and mounted rooftops along the city's main commercial street to watch their favourite players wave from convertibles.

"The support they gave us was unwavering," Giants manager Bruce Bochy said of the fans.

"Even when we were six to seven games back, they kept filling the park," he added. "They never gave up on us. They are like part of the club."

THE ASSOCIATED PRESS

Pacers rip win from Raptors' grasp

Pacers Tyler Hansbrough and Paul George battle for the ball with Raptors centre Jonas Valanciunas on Wednesday in Toronto. NATHAN DENETTE/THE CANADIAN PRESS

From the rookie who earned a double-double in his NBA debut, to the team's hard-scrabble new point guard, to a jam-packed crowd at Air Canada Centre, the Raptors' season opener had all the makings of a positive vibe not felt by Toronto sports fans in quite a while.

It had everything, that is, except a victory.

David West scored 14 of his 25 points in the fourth quarter Wednesday as the Indiana Pacers edged Toronto 90-88, spoiling what had been a thrilling opener for the revamped Raptors.

Kyle Lowry scored 21 points, while Jonas Valanciunas had 12 points and 10 rebounds in his NBA debut for the Raptors.

Opening night

Pacers	Raptors
90	88

Optimism summed up Toronto coach Dwane Casey's feelings after the game.

"I'm proud of our team. I thought we showed more grit and spunk than we showed all last year," Casey said. "Yes it hurts but there are so many positives I'm looking at against one of the top teams in the NBA."

Five Raptors scored in double figures as Andrea Bargnani added 16, Jose Calderon finished with 15 and DeMar DeRozan, who earlier in the day agreed to terms on a four-year contract extension worth $38 million US, finished with 10.

"It was a fun game overall, just being out there the first time in a while, just getting a feel for playing a game, especially against a top-notch team," DeRozan said. "It would have been that much better if we had won." THE CANADIAN PRESS

Tennis

Raonic tops Chardy in Paris

Canadian Milos Raonic reached the third round of the Paris Masters with a 6-7(4), 7-6(4), 6-3 win over Jeremy Chardy on Wednesday. Raonic kept his hopes alive for a late spot at the World Tour Finals in London. THE CANADIAN PRESS

NBA

Harden makes immediate impact after signing pact with Rockets

James Harden agreed to a five-year, $80-million contract with the Houston Rockets on Wednesday.

The Rockets acquired the reigning Sixth Man of the Year in a stunning trade with Oklahoma City on Saturday night.

Harden then went out and scored 37 points and 12 assists in a stirring debut for Houston, and Carlos Delfino made four three-pointers in the fourth quarter to lift the Rockets to a 105-96 victory over the Detroit Pistons on Wednesday night.

THE ASSOCIATED PRESS

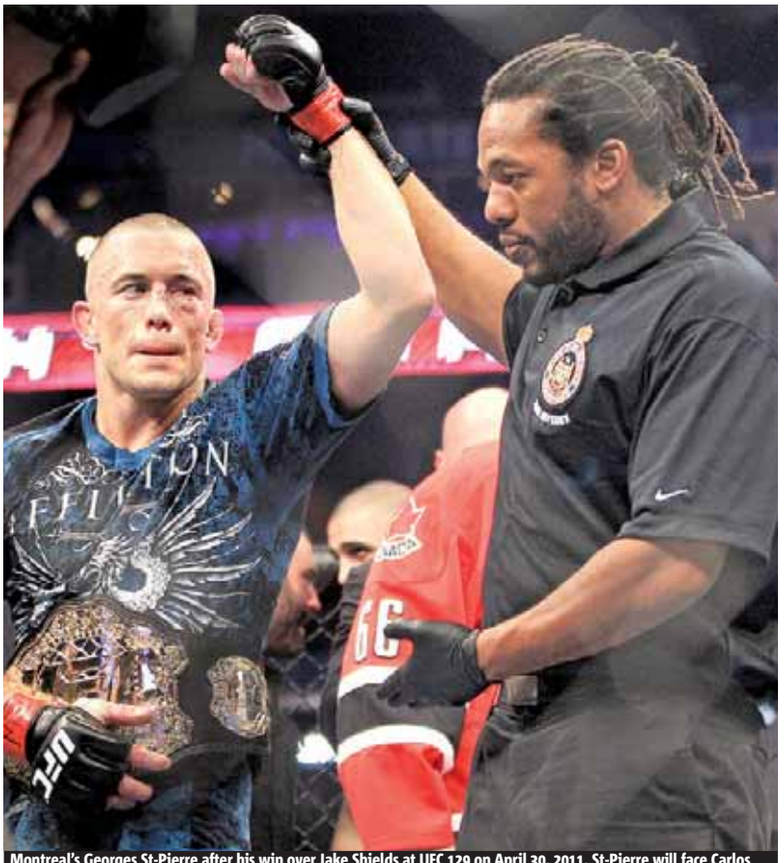
James Harden drives to the basket on Pistons centre Greg Monroe on Wednesday in Detroit. THE ASSOCIATED PRESS

MLB

Oliver, Davis back with Jays

The Toronto Blue Jays exercised the $3-million US club option on left-hander Darren Oliver's contract Wednesday and signed outfielder Rajai Davis to a $2.5-million, one-year deal.

THE CANADIAN PRESS



Montreal's Georges St-Pierre after his win over Jake Shields at UFC 129 on April 30, 2011. St-Pierre will face Carlos Condit in a Nov. 17 title fight at the Bell Centre in Montreal. RENE JOHNSTON/TORSTAR NEWS SERVICE

UFC star St-Pierre seeing the bright side of knee injury

Title fight. Montrealer says he's ready for Bell Centre welterweight bout against Condit

Georges St-Pierre has somehow managed to find the silver lining to reconstructive knee surgery and the lengthy rehab that inevitably follows.

"This injury was a negative thing in the beginning but it became a positive thing at the end," said the UFC welterweight champion.

"Because it allowed me to correct my training and make it better and improve it."

St-Pierre (22-2) will test his knee and new training regimen — part of which involved training with track sprinters in his hometown of Montreal — on Nov. 17 against Carlos "Natural Born Killer" Condit, who won the UFC's interim title during St-Pierre's absence.

Quoted

"I had the mentality that more is better, but I realize that's wrong."

UFC welterweight champion Georges St. Pierre on overtraining and his new workout routine since knee surgery

The two 170-pound division belts will become one at the Bell Centre, where the real welterweight champion will be confirmed at UFC 154 in St-Pierre's first fight since an April 2011 win over Jake Shields at Toronto's Rogers Centre.

It's a welcome return for the UFC, which counts the 31-year-old St-Pierre as its biggest pay-per-view draw. GSP is literally money in the UFC bank.

St-Pierre has long been known for gruelling workouts and for taking little time off from the gym.

He now believes his injury was perhaps caused by that pedal-to-the-metal training approach.

St-Pierre's injury-plagued fall in 2011 started with a minor left knee problem and pulled hamstring.

Because of the injury, he believes he overcompensated with his right leg when he returned to training.

The result of an attempted takedown during a wrestling drill was a torn anterior cruciate ligament and a small tear to his internal miniscus.

Reconstructive surgery to the right knee followed in mid-December.

St-Pierre will need to be at the top of his game against Condit, a former WEC champion who has disposed of Jake Ellenberger, Canadian Rory MacDonald, Dan Hardy, Dong Hyun Kim and Nick Diaz since losing a split decision in his UFC debut to Martin Kampmann in April 2009.

THE CANADIAN PRESS

Las Vegas

UFC announces Super Bowl bout

UFC featherweight champion Jose Aldo will face former lightweight title-holder Frankie Edgar at UFC 156 on Feb. 2 in Las Vegas.

The two were slated to meet at UFC 153 in Rio de Janeiro before Aldo was forced to withdraw due to injury. Now they will fight on the UFC's annual Super Bowl weekend card.

THE CANADIAN PRESS

MMA retirement

'American Psycho' calls it a career

Stephan "The American Psycho" Bonnar has retired from MMA at 35.

Bonnar (17-8) leaves on the back of a 205-pound loss to middleweight champion Anderson Silva on Oct. 13. Bonnar had been contemplating retirement before that bout but agreed to fight when matched with a star of Silva's stature. He is perhaps best known for his epic 2005 battle with Forrest Griffin in the finale of Season 1 of The Ultimate Fighter reality show, a bloody fight that is credited with helping spread the popularity of MMA. THE CANADIAN PRESS

Legal wrangling. Former NFL players file brief in concussion case

Arguing that "football has become the site of perhaps the gravest health crisis in the history of sports," lawyers for thousands of former NFL players asked a judge to reject the league's bid to dismiss their lawsuits about concussions.

In a brief filed Wednesday in U.S. District Court in Philadelphia, the players dispute the league's framing of the cases as a labour issue that should be governed by the sport's collective bargaining agreements instead of the legal system.

Among the players' arguments: Relevant CBAs did not address long-term brain injuries, the NFL committed fraud by concealing risks of repeated head trauma, and the league has a common-law duty to protect players.

"The NFL knew that players were exposed to risks of severe neurological injuries, yet did nothing to prevent them," the brief says, adding that the league "failed to warn players about the dangers of concussive and sub-concussive impacts," did not advocate preventative rule changes and did not "implement equipment standards adapted for head trauma."

The league filed its motion to dismiss the lawsuits in August and now will have the chance to respond to the players' reply. The NFL repeatedly has stated publicly it did not intentionally mislead players and has tried to better protect their health.

More than 100 concussion lawsuits against the NFL have been brought together before U.S. District Judge Anita B. Brody.

Unless Brody agrees to dismiss them, or an umbrella settlement is reached, she probably would decide what evidence can be used at trial, whether a class can be certified for medical monitoring and other pre-trial issues. The cases might then return to their home districts for trial.

The players' response Wednesday says "a party cannot shirk its own duty by pointing to the duties of others" and that the "NFL deceived club doctors (as well as players) by insisting repeatedly that head trauma carried little long-term risk for football players."

THE ASSOCIATED PRESS

By the numbers

3,500

More than 3,500 former players have sued the NFL stating not enough was done by the league to inform them about the dangers of concussions.

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SOCCER

MLS

WILD CARDS

Wednesday's result
Houston 2, Chicago 1 (Houston Advances)
Thursday's game
Vancouver at Los Angeles, 10:30 p.m.

ENGLAND

LEAGUE CUP

FOURTH ROUND
Yesterday's results
Chelsea 5 Manchester United 4 (AET)
Liverpool 1 Swansea 3
Norwich 2 Tottenham 1

GERMANY

GERMAN CUP

SECOND ROUND
Yesterday's results
Karlsruher SC 1 Duisburg 0
Arminia Bielefeld 2 Bayer Leverkusen 3 (AET)
Kickers Offenbach 2 Union Berlin 0
Stuttgart 3 St. Pauli 0
Bayern Munich 4 Kaiserslautern 0
Wolfsburg 2 FSV Frankfurt 0
Fortuna Duesseldorf 1 Borussia Moenchengladbach 0 (AET)
Hannover 1 Dynamo Dresden 1 AET (Hannover wins 4-3 on penalties)

ITALY

SERIE A

Yesterday's results
Atalanta 1 Napoli 0
Cagliari 4 Siena 2
Chievo 2 Pescara 0
Inter Milan 3 Sampdoria 2
Juventus 2 Bologna 1
Lazio 1 Torino 1
Parma 3 Roma 2
Udinese 2 Catania 2

SCOTLAND

LEAGUE CUP

Yesterday's results
Dundee United 1 Hearts 1
(Hearts won 5-4 on penalty kicks)
The Rangers FC 0 Inverness C.T.F.C 3

SPAIN

COPA DEL REY

FIRST ROUND
Yesterday's results
Real Jaen 1 Atletico de Madrid 3
Cacereno 3 Malaga 4
Las Palmas 1 Rayo Vallecano 0
Almeria 2 Celta 0
Zaragoza 1 Granada 0
Alcoyano 1 Real Madrid 4

SWEDEN

ALLSVENSKANLIGA

Yesterday's results
Djurgardens IF FF 1 Syrianska FC 1
Helsingborgs IF 2 IFK Goteborg 0
Kalmar FF 0 IFK Norrkoping 2

TENNIS

WTA

QATAR AIRWAYS TOURNAMENT OF CHAMPIONS

At Sofia, Bulgaria
Round Robin
Singles
Serdika Group
Caroline Wozniacki (1), Denmark, def. Roberta Vinci (4), Italy, 6-3, 6-1.
Standings: Wozniacki 2-0 (sets 4-0); Vinci 1-1 (2-2); Hantuchova 0-1 (0-2); Hsieh Su-Wei 0-1 (0-2).
Sredets Group
Nadia Petrova (2), Russia, def. Zheng Jie (6), China, 6-3, 6-3.
Maria Kirilenko (3), Russia, def. Tsvetana Pironkova (8), Bulgaria, 6-1, 6-4.
Standings: Petrova 1-0 (2-0); Kirilenko 1-0 (2-0); Pironkova 1-1 (2-3); Jie 0-2 (1-4).

ATP

WORLD TOUR BNP PARIBAS MASTERS

At Paris
Singles
Second Round
Seedings in parentheses
Sam Querrey, United States, def. Novak Djokovic (2), Serbia, 0-6, 7-6 (5), 6-4.
Andy Murray (3), Britain, def. Paul-Henri Mathieu, France, 7-5, 6-3.
David Ferrer (4), Spain, def. Marcel Granollers, Spain, 6-1, 6-3.
Juan Martin Del Porto (7), Argentina, def. Alejandro Falla, Colombia, 6-2, 6-2.
Janko Tipsarevic (8), Serbia, def. Igor Sijsling, Netherlands, 6-4, 7-6 (0).
Juan Monaco (9), Argentina, def. Grigor Dimitrov, Bulgaria, 7-6 (4), 6-2.
Michael Llodra, France, def. John Isner (10), United States, 6-4, 7-6 (5).
Nicolas Almagro (11), Spain, def. Albert Ramos, Spain, 7-6 (1), 6-7 (4), 6-3.
Kevin Anderson, South Africa, def. Richard Gasquet (12), France, 7-6 (5), 4-6, 6-1.
Milos Raonic (14), Thornhill, Ont., def. Jeremy Chardy, France, 6-7 (4), 7-6 (4), 6-3.
Gilles Simon, France, def. Victor Hanescu, Romania, 7-5, 6-3.
Doubles
First Round
Josselin Ouanna and Nicolas Renavand, France, def. Benoit Paire, France, and Stanislas Wawrinka, Switzerland, 6-3, 6-4.
Santiago Gonzalez, Mexico, and Scott Lipsky, United States, def. Carlos Berlocq, Argentina and Denis Istomin, Uzbekistan, 6-2, 4-6, 10-4.
Second Round
Marin Cilic, Croatia, and Marcelo Melo, Brazil, def. Robert Lindstedt, Sweden, and and Horia Tecau (3), Romania, 6-3, 3-2 retired.
Mariusz Fyrstenberg and Marcin Matkowski (4), Poland, def. Colin Fleming and Ross Hutchins, Britain, 3-6, 6-3, 10-5.
Maz Mirnyi, Belarus, and **Daniel Nestor (2), Toronto,** def. Christopher Kas, Germany, and Andreas Seppi, Italy, 7-6 (3), 6-2.
Julien Benneteau and Adrian Mannarino, France, def. Daniele Bracciali, Italy, and Frantisek Cermak, Czech Republic, 6-4, 6-4.

AHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Manchester	6	5	1	0	0	23	11	10
St. John's	8	4	4	0	0	21	26	8
Portland	7	3	3	1	0	31	29	7
Worcester	7	2	4	0	1	20	27	5
Providence	6	2	4	0	0	13	20	4

NORTHEAST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Springfield	7	5	1	0	1	21	12	11
Bridgeport	6	4	2	0	0	19	20	8
Connecticut	7	3	3	1	0	27	26	7
Adirondack	7	3	4	0	0	18	26	6
Albany	6	2	4	0	0	14	14	4

EAST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Norfolk	6	5	1	0	0	23	15	10
Syracuse	7	4	1	1	1	25	25	10
Binghamton	7	3	3	1	0	16	20	7
Hershey	7	3	3	1	0	21	21	7
W-B/Scranton	7	2	5	0	0	17	20	4

WESTERN CONFERENCE

NORTH DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Rochester	8	5	2	1	0	33	29	11
Abbotsford	7	4	1	0	2	25	16	10
Lake Erie	8	5	3	0	0	27	19	10
Hamilton	6	3	2	1	0	15	18	7
Toronto	6	3	2	0	1	17	17	7

MIDWEST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Chicago	8	5	2	1	0	21	22	11
Rockford	8	4	3	0	1	21	21	9
Grand Rapids	7	2	3	1	1	24	28	6
Peoria	7	2	4	1	0	10	24	5
Milwaukee	6	2	4	0	0	12	18	4

SOUTH DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Charlotte	8	6	1	0	1	32	18	13
Houston	7	4	2	1	0	27	19	9
Okla. City	7	4	3	0	0	24	22	8
Texas	7	3	4	0	0	15	23	6
San Antonio	7	2	4	0	1	14	20	5

Wednesday's result
Charlotte at Milwaukee, 8 p.m.
Thursday's games — All Times Eastern
Lake Erie at Peoria, 8:05 p.m.
Toronto at Abbotsford, 10 p.m.
Friday's games
Syracuse at Adirondack, 7 p.m.
Connecticut at Albany, 7 p.m.
Wilkes-Barre/Scranton at Manchester, 7 p.m.
Hershey at Springfield, 7 p.m.
Worcester at Providence, 7:05 p.m.
Hamilton at Rochester, 7:05 p.m.
Binghamton at Norfolk, 7:30 p.m.
St. John's at Portland, 7:30 p.m.
Lake Erie at Milwaukee, 8 p.m.
Houston at Oklahoma City, 8 p.m.
Chicago at Rockford, 8:05 p.m.
Grand Rapids at San Antonio, 8:30 p.m.
Toronto at Abbotsford, 10 p.m.

TRANSACTIONS

MLB

AMERICAN LEAGUE

BALTIMORE ORIOLES—Exercised their 2013 contract option on RHP Luis Ayala. Declined their 2013 contract option on INF Mark Reynolds, who remains arbitration eligible.
CLEVELAND INDIANS—Named Sandy Alomar bench coach, Mickey Callaway pitching coach, Kevin Cash bullpen coach, Brad Mills third base coach, Mike Sarbaugh first base coach and Ty Van Burkleo hitting coach. Exercised their 2013 contract option on RHP Ubaldo Jimenez. Declined their 2013 contract options on DH Travis Hafner and RHP Roberto Hernandez. Sent C/OF Vinny Rottino and RHP Kevin Slowey outright to Columbus (IL).
DETROIT TIGERS—Sent INF/OF Don Kelly outright to Toledo (IL).
KANSAS CITY ROYALS—Declined their 2013 contract option on RHP Joakim Soria. Acquired RHP Ervin Santana and cash from the Los Angeles Angels LHP Brandon Sisk.
NEW YORK YANKEES—Announced RHP Rafael Soriano opted out of the final year of a three-year contract. Announced INF Casey McGehee refused a minor league assignment to become a free agent. Returned RHP Brad Meyers, a Rule 5 draft pick, to Washington.
TAMPA BAY RAYS—Exercised their 2013 contract options on RHP James Shields, RHP Fernando Rodney and C Jose Molina. Declined their 2013 contact option for DH Luke Scott.
TORONTO BLUE JAYS—Claimed LHP Scott Maine off waivers from Cleveland. Reinstated RHP Kyle Drabek, LHP J.A. Happ, RHP Drew Hutchison, RHP Dustin McGowan, LHP Luis Perez and RHP Sergio Santos from the 60-day DL. Designated OF Scott Cousins and RHP David Herndon for assignment. Exercised their 2013 contract option on LHP Darren Oliver. Declined the 2013 contract option for OF Rajai Davis and signed him to a one-year contract.

NATIONAL LEAGUE

PITTSBURGH PIRATES—Named Jay Bell hitting coach, Rick Sofield first base coach and Dave Jauss major league coach. Exercised their 2013 contract option on 3B Pedro Alvarez. Declined their 2013 contract option on C Rod Barajas. Released LHP Hisanori Takahashi.

NBA

GOLDEN STATE WARRIORS—Agreed to terms with G Stephen Curry on a four-year contract extension.
OKLAHOMA CITY THUNDER—Signed C Daniel Orton.

NFL

CLEVELAND BROWNS—Signed DL Hall Davis to the practice squad.
NEW ENGLAND PATRIOTS—Re-signed LB Mike Rivera and DB Derrick Martin. Released DB Sterling Moore. Released TE Alex Silvestro from the practice squad.
TAMPA BAY BUCCANEERS—Claimed CB Danny Gorrer off waivers from Seattle. Signed G Chris Scott to the practice squad.
TENNESSEE TITANS—Signed G/C Kyle DeVan. Waived S Tracy Wilson.

AHL

PEORIA RIVERMEN—Announced F Brett Sonne was reassigned to the team from Evansville (ECHL).

NFL

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
New England	5	3	0	.625	262	170
Miami	4	3	0	.571	150	126
Buffalo	3	4	0	.429	171	227
N.Y. Jets	3	5	0	.375	168	200

SOUTH

	W	L	T	Pct	PF	PA
Houston	6	1	0	.857	216	128
Indianapolis	4	3	0	.571	136	171
Tennessee	3	5	0	.375	162	257
Jacksonville	1	6	0	.143	103	188

NORTH

	W	L	T	Pct	PF	PA
Baltimore	5	2	0	.714	174	161
Pittsburgh	4	3	0	.571	167	144
Cincinnati	3	4	0	.429	166	187
Cleveland	2	6	0	.250	154	186

WEST

	W	L	T	Pct	PF	PA
Denver	4	3	0	.571	204	152
San Diego	3	4	0	.429	154	144
Oakland	3	4	0	.429	139	187
Kansas City	1	6	0	.143	120	209

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Giants	6	2	0	.750	234	161
Philadelphia	3	4	0	.429	120	155
Dallas	3	4	0	.429	137	162
Washington	3	5	0	.375	213	227

SOUTH

	W	L	T	Pct	PF	PA
Atlanta	7	0	0	1.000	201	130
Tampa Bay	3	4	0	.429	184	153
New Orleans	2	5	0	.286	190	216
Carolina	1	6	0	.143	128	167

NORTH

	W	L	T	Pct	PF	PA
Chicago	6	1	0	.857	185	100
Minnesota	5	3	0	.625	184	167
Green Bay	5	3	0	.625	208	170
Detroit	3	4	0	.429	161	174

WEST

	W	L	T	Pct	PF	PA
San Francisco	6	2	0	.750	189	103
Arizona	4	4	0	.500	127	142
Seattle	4	4	0	.500	140	134
St. Louis	3	5	0	.375	137	186

WEEK NINE

Thursday's game — All Times Eastern
Kansas City at San Diego, 8:20 p.m.
Sunday's games
Detroit at Jacksonville, 1 p.m.
Chicago at Tennessee, 1 p.m.
Denver at Cincinnati, 1 p.m.
Buffalo at Houston, 1 p.m.
Miami at Indianapolis, 1 p.m.
Carolina at Washington, 1 p.m.
Arizona at Green Bay, 1 p.m.
Baltimore at Cleveland, 1 p.m.
Tampa Bay at Oakland, 4:05 p.m.
Minnesota at Seattle, 4:05 p.m.
Pittsburgh at N.Y. Giants, 4:25 p.m.
Dallas at Atlanta, 8:20 p.m.
Monday's game
Philadelphia at New Orleans, 8:30 p.m.

CFL

WEEK 19

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
y-Montreal	17	11	6	0	467	470	22
x-Toronto	17	8	9	0	402	451	16
Hamilton	17	6	11	0	498	533	12
Winnipeg	17	5	12	0	357	520	10

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
y-B.C.	17	12	5	0	462	348	24
x-Calgary	17	11	6	0	505	403	22
x-Saskatchewan	17	8	9	0	451	392	16
Edmonton	17	7	10	0	395	420	14

x — Clinched playoff berth.
y — Clinched division.
Thursday's game — All Times Eastern
Hamilton at Toronto, 7:30 p.m.
Friday's game
Calgary at Edmonton, 9 p.m.
Saturday's games
Montreal at Winnipeg, 3 p.m.
Saskatchewan at B.C., 10 p.m.

END OF CFL REGULAR SEASON

SCORING LEADERS

(x—scored two-point convert)

	TD	C	FG	S	Pts
McCallum, BC	0	46	41	7	176
Paredes, Cal	0	46	37	1	158
Congi, Ham	0	45	36	2	155
Whyte, Mtl	0	49	32	8	153
Palardy, Wpg	0	30	36	5	143

NBA

Wednesday's results
Philadelphia 84, Denver 75
Indiana 90, Toronto 88
Houston 105, Detroit 96
Chicago 93, Sacramento 87
San Antonio 99, New Orleans 95
Utah 113, Dallas 94
Golden State at Phoenix
Memphis at L.A. Clippers
L.A. Lakers at Portland
Tuesday's results
Cleveland 94, Washington 84
Miami 120, Boston 107
Dallas 99, L.A. Lakers 91
Thursday's Games
All Times Eastern
New York at Brooklyn, 7 p.m.
Oklahoma City at San Antonio, 9:30 p.m.
Friday's Games
Indiana at Charlotte, 7 p.m.
Denver at Orlando, 7 p.m.
Milwaukee at Boston, 7:30 p.m.
Houston at Atlanta, 7:30 p.m.
Chicago at Cleveland, 7:30 p.m.
Sacramento at Minnesota, 8 p.m.
Utah at New Orleans, 8 p.m.
Portland at Oklahoma City, 8 p.m.
Miami at New York, 8 p.m.
Detroit at Phoenix, 10 p.m.
Memphis at Golden State, 10:30 p.m.
L.A. Clippers at L.A. Lakers, 10:30 p.m.

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Horoscopes

Aries
March 21 - April 20
At some stage today, you will have to admit that you got it wrong about someone to whom you took a disliking. It seems they are not so bad after all. Who knows, given time you may even become friends.

Taurus
April 21 - May 21
Someone in a position of power will make things happen for you, and you should be suitably grateful. Your path to the top will be a lot smoother if you become friends with people who can open doors for you.

Gemini
May 22 - June 21
If you are on the move today, you will enjoy your journey more if you travel with like-minded people. Be adventurous but be friendly too. You won't have to try too hard to make a good impression.

Cancer
June 22 - July 23
If you need to get back on good terms with someone you have fallen out with, now is the time to work things out. Don't let your pride stop you from making the first move. Soon you will be best buddies again.

Leo
July 24 - Aug. 23
If you are looking for a new love, you may find it over the next 24 hours. However, as romance planet Venus opposes changes planet, Uranus, it may not be long-lasting, so don't take it too seriously.

Virgo
Aug. 24 - Sept. 23
Strive to stay on good terms with people you have to work with on a day-to-day basis. The last thing you want is to fall out with someone whose presence you cannot avoid. Be nice. It's not so difficult.

Libra
Sept. 24 - Oct. 23
You need to talk over your differences with a loved one who has been difficult to get along with of late. Most likely the cause of their annoyance is petty and easily resolved. Approach them about it today.

Scorpio
Oct. 24 - Nov. 22
Because you don't like to let strangers see your vulnerable side, you can at times seem a bit hard and emotionally distant. What happens today will show your caring, sharing side. Some may be surprised it exists!

Sagittarius
Nov. 23 - Dec. 21
No matter how much you know or think you know, there is always something new to learn and what you discover today could change your life in so many ways. Never stop loving, laughing and learning.

Capricorn
Dec. 22 - Jan. 20
There is no point worrying too much about your cash flow but on the other hand you cannot afford to ignore it completely. Changes (and savings) need to be made but they don't have to be excessive.

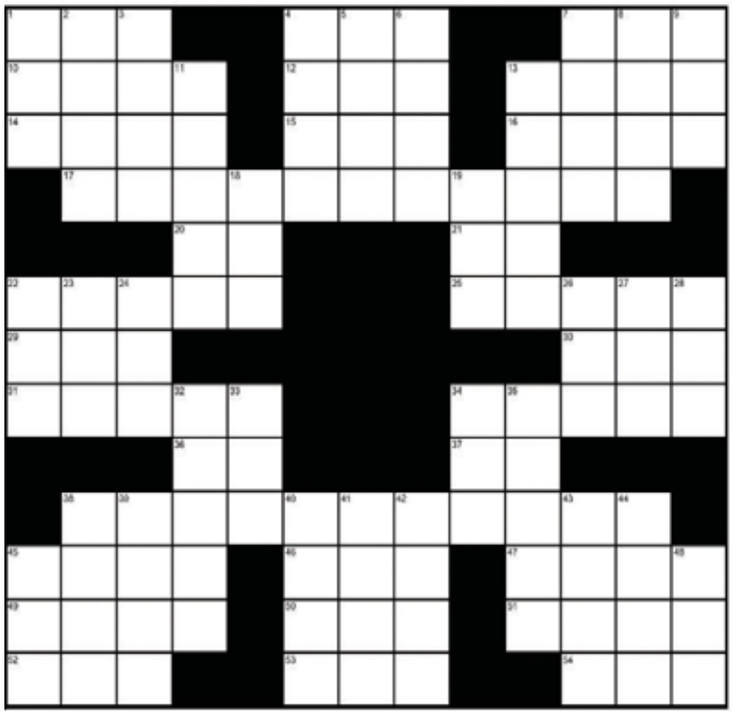
Aquarius
Jan. 21 - Feb. 19
No matter how ambitious you may be, you know it is never right to take advantage of other people to get to the top. Someone you work with needs to be reminded of that fact today — maybe quite sharply.

Pisces
Feb. 20 - March 20
Forget about what might have been. Think only about what will be. There is no point feeling regret or remorse. It won't change a thing. Today is the first day of the rest of your life. Use it and enjoy it.

SALLY BROMPTON

Canadian Crossword

BY BETTY MARTIN



Across
1. Pigs abode
4. Response to a ques.
7. Resort
10. Blouse or skirt line
12. — Paulo, Brazil
13. Nova
14. Allowance
15. Feel poorly
16. Army vehicle
17. Winter happenings (2 words)
20. "Shall — Dance"
21. Weatherman Roker
22. Rent
25. Actor/Director Woody —
29. Actress Dolenz
30. Food for Mister Ed
31. A great lake
34. Due —
36. South Carolina neighbour (abbr.)
37. Et —, Brute
38. Varieties
45. Healing lotion
46. Mineral
47. Gab
49. Ernie's buddy
50. Pub
51. Merit
52. File extension
53. Ogle
54. Embroider

Down
1. Supersonic jet
2. Afternoon socials
3. Kitten plaything
4. Quickly
5. Hammer partner
6. By oneself
7. Ollie's partner
8. Agony
9. Noah's vessel
11. Cat's cries
13. Yet
18. Tiny
19. Babies cry
22. — de dah
23. Australian bird
24. The Fresh Prince of Bel —
26. Ed Asner role on The Mary Tyler Moore Show
27. Consume
28. Ultimate degree
32. Beginning
33. Non-commissioned Officer (abbr.)
34. Sault — Marie
35. An — of prevention....
38. Jeopardy host
39. Achy
40. Judge's garment
41. Waiter's burden
42. Only
43. — 70's Show
44. Gilbert of The Talk
45. President Lincoln, to some
48. Dynamite

Yesterday's Crossword

What's online

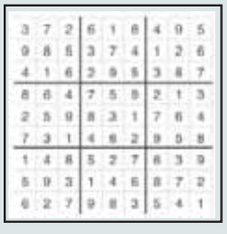
See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

	1			3		2		
				4			6	3
				9	6	8		7
7	6				9		8	
				2				
	8		4				3	5
2		4	1	8				
6	3			5				
		1		7			9	

Yesterday's Sudoku



Weather

TODAY	FRIDAY	SATURDAY
MAX: 7° MIN: -4°	MAX: 1° MIN: -3°	MAX: 4° MIN: 1°

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